# VCU MAGAZINE

Summer 1981

Hypnosis, a strange phenomenon or a regular occurance? Page 2.

# VCU MAGAZINE

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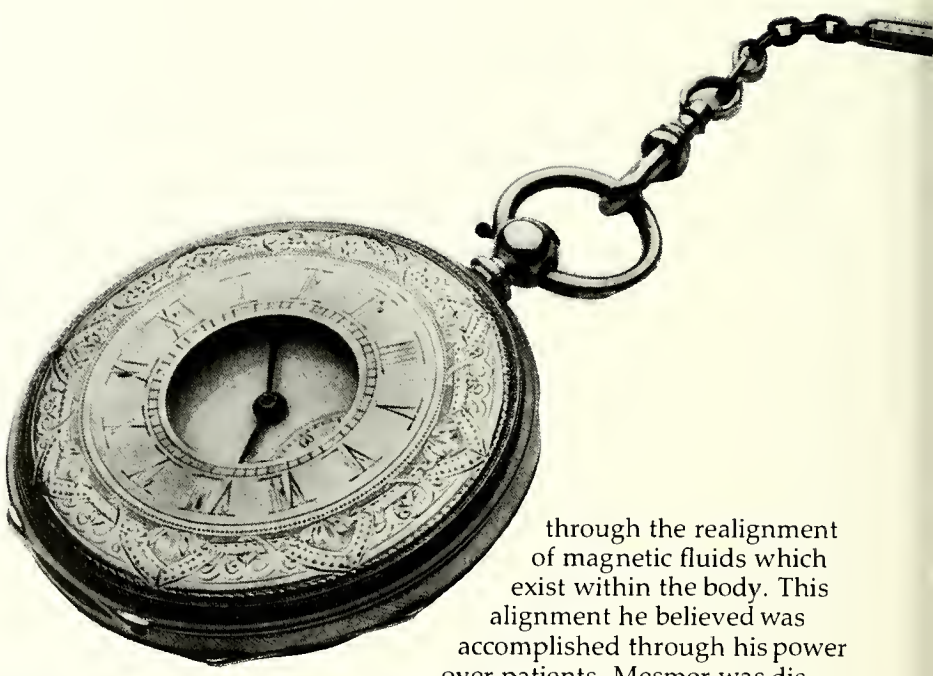
# You're in Control

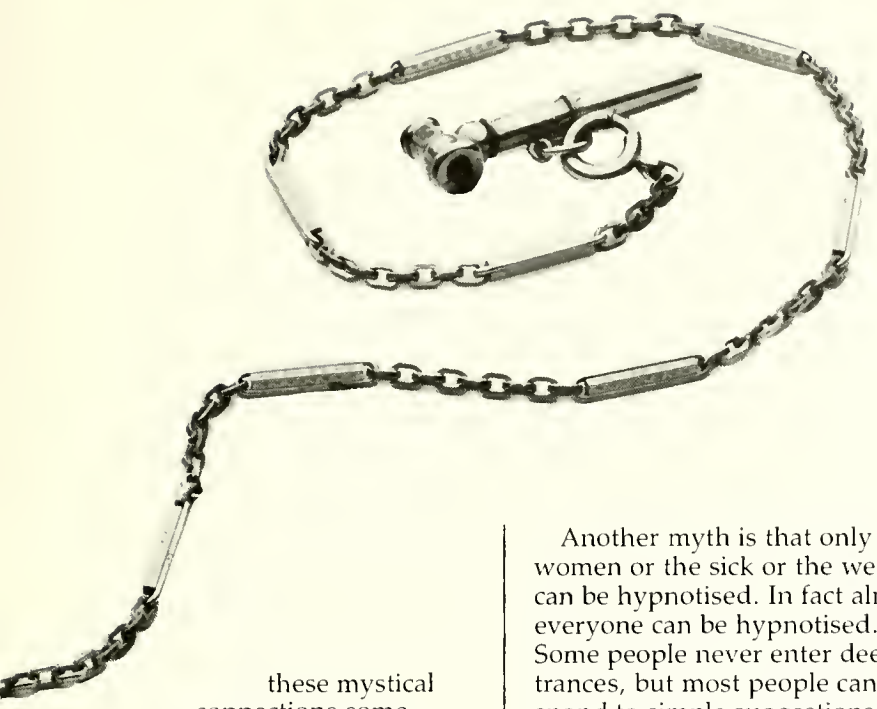


A gold watch is dangled before the victim's eyes and is slowly moved back and forth; soon the victim is helpless—in control of a mad scientist. This portrayal of hypnotism, as seen in old movies, is what most people imagine hypnosis to be. It is considered a magical, mysterious event which can be used to control a person's mind.

But it is not; hypnosis is a part of every day life. According to Dr. Athony Joseph, assistant professor of psychiatry, "Every adult has experienced the phenomenon hundreds of times. Yet, these periods are not recognized as hypnotic trances by the individual." If you have ever become so engrossed in reading a book or watching a television program that you forgot a meal cooking on the stove until you smelled the food burning you have been in a light hypnotic trance. Your focus of attention was totally on the book or the television, and you were blocking out your peripheral senses. Concentrated attention is hypnosis.

Misconceptions about hypnosis are due in part from a theory accompanying its first documented medical use in the late 18th century. Viennese physician Franz Anton Mesmer used the trance state to cure physical and mental disorders. He believed this was through the realignment of magnetic fluids which exist within the body. This alignment he believed was accomplished through his power over patients. Mesmer was discredited by a panel of physicians for his belief in magnetic fluids; at the same time hypnosis was also discredited. But Mesmer's belief in the hypnotist's control over a subject prevailed.

This belief became a premise for the incorporation of hypnosis into religious and occult practices in the early 19th century. During this time, physicians who used the technique became ostracized by their peers, and because of



these mystical connections some physicians still regard hypnosis as a form of quackery.

But many physicians and psychoanalysts are beginning to accept hypnosis as a legitimate tool in the treatment of psychological and physical problems. One reason for this change in attitude is research on the phenomenon has provided a method for analyzing a patient's trance level.

Yet, according to Joseph, myths continue to exist about the art of hypnotising; the major one echoing the concept Mesmer believed—the hypnotist controls the subject. But a person in a trance state does not use the hypnotist's power; instead self-contained, concentrated attention is used to reach the sub-conscious mind. Therefore, a person does not divulge secret information nor react to a suggestion unless there is concurrence with the hypnotist's request. This is true even for a person who agrees to be hypnotized by a stage hypnotist, even though these hypnotists usually have the subject imitate an animal, usually a chicken. Before the performance, the hypnotist asks for volunteers; he prescreens these candidates and picks out the most extroverted, someone willing to imitate a chicken even if not in a trance.

Another myth is that only women or the sick or the weak can be hypnotised. In fact almost everyone can be hypnotised. Some people never enter deep trances, but most people can respond to simple suggestions.

The final myth is that hypnosis is like sleep. The name, hypnosis, is even derived from the Greek word for sleep, but the event is the opposite. It is a near total absorption with an idea. Under hypnosis a person must be able to hear, to think, to understand, and to feel as directed by the hypnotist.

"I cannot make a person enter a trance," says Joseph. "A person does so because of the trust between us." The induction procedure for hypnosis is designed to establish this trust and focus a person's attention on a clearly defined area, while withdrawing it from the general surroundings. For example, a person who has witnessed a crime wants to aid the police by providing clues, but may not be able to because the details cannot be remembered. Joseph uses hypnosis to take the witness back to the day and time of the crime, to "look around" and explain what is seen.

The induction process starts with the subject reacting to simple suggestions. "Relax, let your eyes roll up toward the ceiling. That's good. Now, your eyelids are getting heavy. They are getting so heavy you can barely keep your eyes open. Now, you can close them," says Joseph to a patient. "You are relaxed, cool and comfortable. You are so relaxed. You feel as if you are floating; imagine that you are floating, that you are off in the clouds. So cool, so relaxed, so comfortable."

Once the hypnotist knows the subject is receptive to suggestions, the hypnotist has the subject enter a light trance and then proceed to deeper trance levels. "Imagine you are going down stairs and as you go down, you are going deeper and deeper into the trance. You are down one stair —now, two—now, three and four. We're going still further. Five—six—seven—eight. You are so deep, cool and comfortable," says Joseph. The patient is now ready for therapy. Hypnosis is only a facilitator to make the therapy easier.

Some persons in a hypnotic state actually experience changes in their perceptions. A good subject, one that goes into the deeper trance levels, may look at a room full of people and see only empty chairs, or may regress to the age of five and act like a five year old.

Medical hypnotists in the 1960s believed hypnosis was based on three principles. The first, the law of concentrated attention, stated if a person's attention is concentrated on an idea, the idea tends to realize itself. The second law said when a person's will and imagination come into conflict the imagination always wins, and the third, the dominate effect law, said attaching an emotion to a suggestion makes it more effective. Today hypnotists realize the phenomenon is too complex to be defined by three principles, yet these concepts still apply.

Hypnosis is not for everyone, but it can be used to assist many individuals with their physical or emotional problems. A trance state can be utilized in two ways by the therapist. The subject may either learn how to perform self-hypnosis or may be assisted into the trance state to enable the therapist to learn information which will be used in regular therapy sessions.

Self-hypnosis is an effective method of terminating an unwanted habit such as nail biting, smoking or overeating, or it may be used to assist a subject to overcome a phobia.

A therapist must be careful to let the subject determine the cause of the problem and a method for dealing with the problem. A patient being taught self-hypnosis learns key words or phrases which are to be repeated in the trance state. These suggestions to the sub-conscious mind must be positive and must work on the actual problem or the problem may become aggravated. "The sub-conscious mind seems to operate in an illogical manner and takes everything literally," says Josesph. "This makes it mandatory that a therapist work with a patient under hypnosis."

In self-hypnosis, says J. William Underwood, assistant professor of rehabilitation counseling and a psychologist,"the frequency of the trance state is more important than the duration of the trance." "It's the repetition which causes the brain to remember," adds Joseph.

The brain is like a computer and remembers an event because of the effect on the brain or because of repetition. A person starts self-hypnosis by entering a trance every few hours and staying in the trance for only a few minutes. Sometimes it takes three to six months for the brain to accept the new suggestions; in other instances, the effect is almost instantaneous.

One subject, a male, was hypnotised by Underwood for his smoking habit. The patient after a direct suggestion under hypnosis quit smoking immediately with few withdrawal symptoms. The man later returned for assistance in motivating himself at home and at work, and since the summer of 1980 has been on a self-hypnosis program.

This patient volunteered to take part in a pain control workshop for therapists. "I decided to take part in the experiment because I trust Bill and I knew that I would be aware and in control," says the subject. "I remember sitting before a group of people and being put into a deep trance. Bill told me my left hand would be numb to the touch—all I could feel would be pressure. I then watched as he prepped my hand with alcohol and inserted a 19 gauge needle under the top layers of skin on the back of my hand. It didn't hurt. The needle came out about one-inch away. It still surprises me that I didn't feel the pain."

Underwood says pain was not felt under hypnosis because the suggestion of numbness was accepted. "The brain did not need to feel the pain; pain is meant only to notify the mind when something is wrong. If nothing is wrong the messages are not needed."

Underwood has been invited into hospitals to help children deal with the pain of chemotherapy or other medical treatments. In these instances, Underwood, usually leaves the child a gift—a shot spot. This is a place where the child cannot feel pain. The spot is moveable and can be positioned where needed. "Children will tell a nurse or physician to wait a minute as they reposition their spot," says Underwood.

"This does two things, one it gives the child some control over the situation and two there is no pain."

Pain control is a learned phenomenon and pain tolerance a cultural phenomenon. "During war hundreds of people with major problems do not feel pain until they reach a hospital," says Underwood. "The rest of the time their attention is focused on survival. It's this focusing which is important and how we get patients to redirect their lives."

A hypnotist works with the subject to review and simplify information which is useful in solving the subject's problem. In order to do this effectively, the hypnotist must be a qualified analyst who understands the complexities of therapy. For example, an overweight woman used her weight as an excuse for not participating in social situations, such as a party. If she lost weight, according to Joseph, she would no longer have this excuse for non-interaction, but she would also have the insecurity problem. He, therefore, combined hypnosis with therapy to assist both the weight and the insecurity problem.

"In many areas a person needs little or no training to put out a shingle and begin a private hypnotism practice," says Underwood. "These persons usually guarantee quick results through hypnosis and only deal with the symptoms rather than the problem." Underwood is working with two organizations, The Society for Clinical Experimental Hypnosis and the American Society of Clinical Hypnosis, to require minimum competencies for hypnotists. He is also on a state committee which is working on licensing regulations for hypnotists in Virginia.

"A patient under hypnosis for a severe problem, such as a multiple personality," says Joseph, "needs focusing and a connection to the sub-conscious mind to sort out information for the therapist. With hypnosis a patient's time in therapy may be reduced substantially because the connection is made easier."

In an age regression session Joseph took a patient back to the day and hour the patient's mother died. Joseph learned what happened and how the "twelve year old" felt on that particular day. The patient viewed the day as an observer removed emotionally from the events; he was in essence a reporter. Once Joseph learned of the events and the severe trauma for the young man, he could then work with the man on a conscious level to deal with the emotional problems.

The age regression technique and pain control phenomenon are two reasons why clinical research is being conducted on hypnosis. As physicians and therapists become familiar with hypnosis through scientific studies, Joseph and Underwood are each receiving more patient referrals and are being requested to teach hypnosis workshops to physicians, dentists and therapists. "The medical community is becoming convinced that hypnosis is not a mystery—that it works," says Joseph. But the best evidence is the number of persons helped through the use of hypnosis.

A B C D E F G

# Music Therapy is for People Performance

Music has been an integral part of life for thousands of years, and it was taken for granted that music could "soothe the savage beast." But music and its educational applications were also taken for granted. "As you know, most of us learned our ABC's by singing them," says Dr. Martha Giles, assistant professor of music, "but it wasn't until someone realized music also aided people to spell words, to annunciate, and to learn other tasks that the discipline of music therapy came into being."

Approximately 30 years ago scientists began to ask questions about music and its applications for therapy. Why does some music calm, some excite? Why did primitive man use music to make crops grow and rid the tribe of evil spirits? Why did the ancient Greeks play music to their soldiers to make them better fighters?

Experiments were performed, and it was proved music can influence a person's behavior. Other investigators then worked to prove if responses to music could indicate if a person had a mental or emotional problem. Dr. George Giacobbe, assistant professor of education, studied responses to happy or sad music made by normal and by emotionally disturbed boys between eight and nine years old. He learned normal youth perceived the music selections as either happy or sad, but disturbed youth were anxious and could not give a definite response; instead they gave many more responses. Giacobbe then switched the experiment's procedure. He asked youth who had not been identified as normal or disturbed to explain the music selections. Based on these explanations, he was able to diagnose which boys should be checked for an emotional problem.

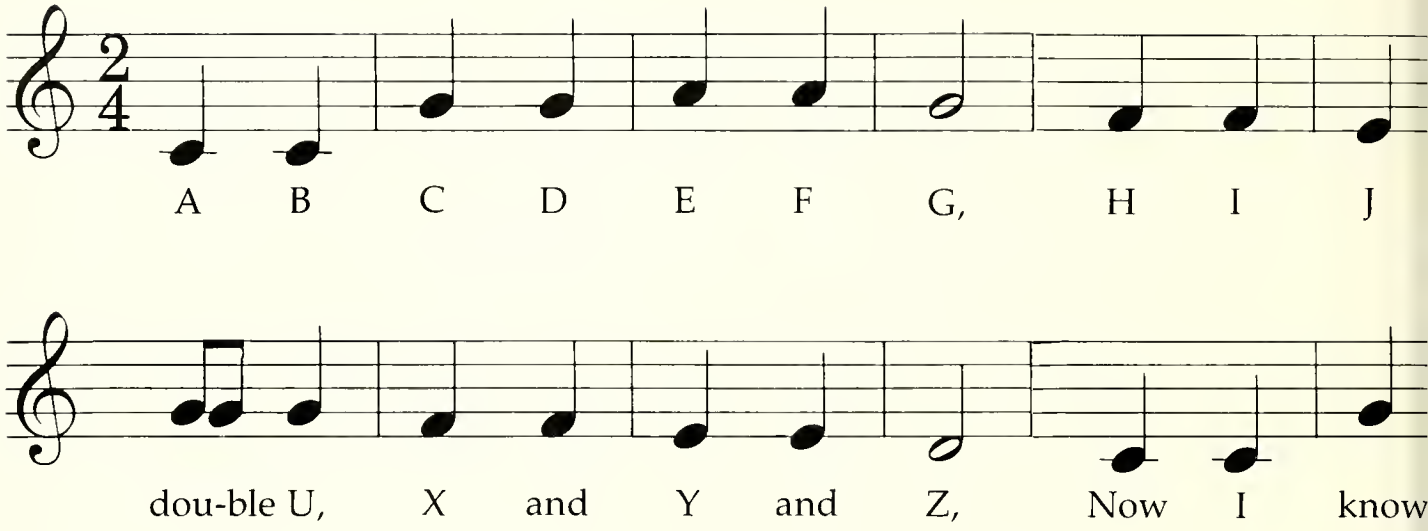
Information about music's effect on people is being used daily to modify behavior. The familiar Muzak, heard in elevators, over the telephone when you are put on hold, or in the doctor's or dentist's office, is an example. Muzak, according to Giles, "may drive some people crazy," but it is actually programmed to modify the average person's behavior—to make them less anxious. And music with a fast tempo, such as soft rock, is being used in steno pools and on assembly lines to stimulate workers to be more productive.

An experiment at a mental hospital in Oklahoma proved catatonics would respond to very loud Sousa marches. These people usually are immobile, stay in a stupor, and remain mute; but when musical instruments, such as a tambourine or a triangle, were placed in their hands and the Sousa marches were played, they responded to the music by echoing the rhythm on the musical instruments. Eventually some individuals were brought out of the catatonic state and progressed to dressing themselves and walking.

These experiments and the use of music as a behavior modification tool emphasized the need for persons who were trained in music as a therapy; persons who could plan programs for individuals needing this therapy. A new discipline came into being—music therapy.

At VCU three courses are being offered for music education, special education and education majors. These courses are directed toward teaching the fundamentals of music therapy, basic behavior modification techniques, and music for the exceptional individual. All of the skills learned in these courses can be applied to the mainstreaming of handicapped youngsters into the regular classroom. "Now days, every teacher may have to deal with an exceptional child in their classroom," says Giacobbe. "These children may be gifted, or physically, mentally or emotionally handicapped." "In many classes an exceptional child can disrupt the whole class," adds Giles. "For example, a child with an emotional problem may need much more attention than the rest of the class. Other children could get jealous because of the attention paid to this youngster and may begin to misbehave. A teacher must know how to reward the class for positive behavior and discipline for negative. Music can be used as part of the reward and punishment process."

The instructor for the three courses, Rhonda Rinker, a music therapist at the Virginia Treatment Center, notes music therapy has been accountable for its pronouncements since the 1960s when researchers began publishing their work in the *Journal of Music Therapy*. She explains music therapy is different from music education because education is directed toward music performance, while therapy is for people performance. "If it is important for a person to improve his or her self-image," says Rinker, "music therapy can facilitate that improvement."




Music, whether it is accompanied by song or not, "grabs people," says Rinker. "Music can be used as sensory stimulation and adapted to individual needs. Toilet training of retarded youngsters is sometimes based on music. Each step of the process is taught through song. When one step is mastered, the next step is sung to the youngster until the phrase is learned and understood.

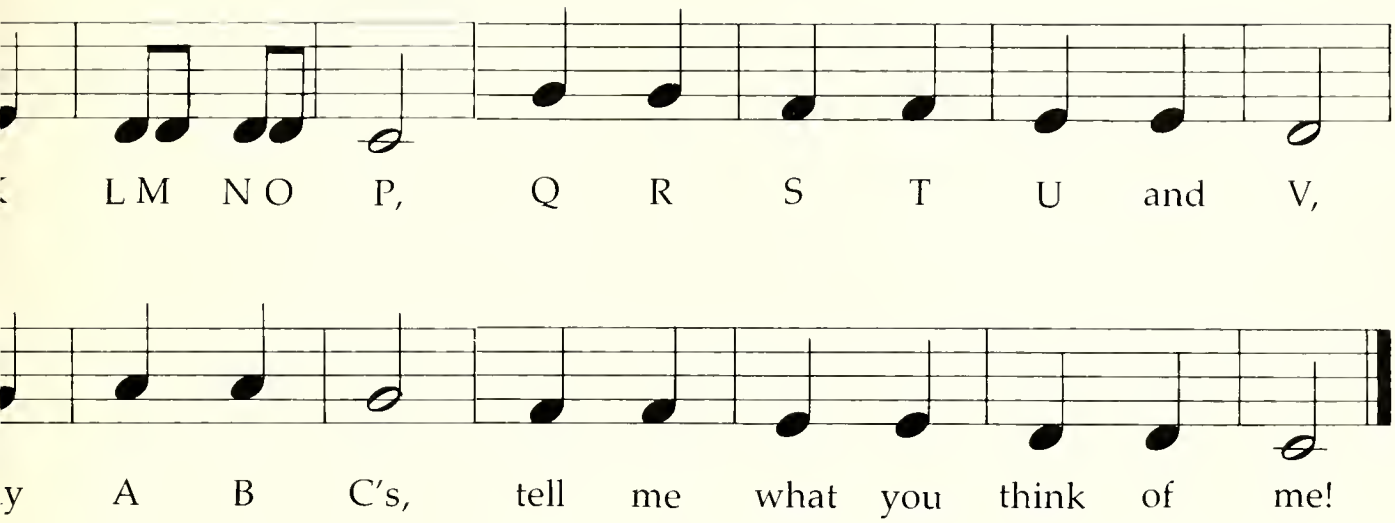
Music therapy is also used to teach stroke victims or apraxic children how to verbalize. One method, melodic intonation therapy, begins with the chanting of words, phrases or short sentences using a high and a low pitch to emphasize and reflect the natural pitches found in speaking. The therapy exaggerates these pitches to the extreme and causes a contrast between components of a word, phrase or sentence. The pitch does not matter; what is important is that the patient be able to perceive the difference. Hand signals are used with these two pitches to accent the high or low sound and the rhythm of the word, phrase or sentence. As the patient progresses through the therapy phases, the verbal clues from the therapist are minimized, but the hand signals continue to emphasize the chanting pattern. With this therapy, a person who has not verbalized, may be able to repeat simple words and phrases within minutes of understanding the therapy process.

For years it had been taken for granted that persons who stuttered, such as Mel Tillis, could sing. Research indictes that this may occur because speaking is a function of the left hemisphere of the brain, while singing is a right hemisphere function. Many researchers believe speech comes to nonverbal persons after they learn to sing or to chant words and phrases because the right hemisphere through practice overrides the left one, thereby, giving the person a new verbal pathway.

Another hypothesis states because music is pleasurable a person's anxiety level is reduced, thereby, helping the person forget about the task and concentrate on the pleasure derived from making music.

Until a few years ago the music therapist always worked in a hospital setting, but Federal legislation mandating the mainstreaming of handicapped children into regular classes has caused public school systems to begin utilizing these therapists.

A music therapist in a public school system works with classroom teachers on plans to motivate individual students. "In each class, whether exceptional children are in it or not, teachers have children with a wide range of abilities," says Rinker. "A teacher must have an individual plan for each student and a way of motivating those who do their best and discipling those who




don't. Music can be used as a reward, by letting a child listen to a favorite tape, or as punishment, by not letting a child participate in a fun activity. These behavioral management programs are designed by the therapist.

"Music as a tool to modify behavior is exemplified by a young boy who was brought to me after I'd given a workshop on music therapy. He'd had a bad time in school that morning and had been sent to the principal's office. I sat down with the boy, and I taught him five notes on the piano. With these notes he could play a song. After a short time he calmed down, and he did fine the rest of the day. He was not punished, instead he received specialized attention," says Rinker. "After a period of time his ability to make music would improve his self-image and be a way for him to acquire verbal and social praise. As this happened, he would rely on himself for his accomplishments and not by misbehaving in class. As his behavior continued to improve, the classroom teacher would verbalize her approval and the music lessons would be shortened, until he would be making music on his own time."

"The focus of music therapy is to assist each student to be motivated to reach his or her full potential," adds Giles. For all children the skills learned through music therapy may lead to self-confidence and a way of dealing with growing up. "Mainstreaming not only helps the exceptional child, but all children," says Rinker. "They learn to accept people who are different; they also learn you must practice to be good at music or at anything. As they grow musically, differences between the children diminish. They become a group, a unit. In one public high school, a young man with a severe handicap conducted the student orchestra. His classmates and other students responded by giving him a standing ovation because they knew he had worked at it, not because he was the best conductor, but because of his achievement."

**Three legged table** *by Robert C. Irby, of red oak, bubinga and purple heart.*

# Furniture That's Hard to Resist

The richness of the design, the flow of the wood grain, the smoothness of the finish, and the exactness of detail are what caught my eye.

I was at the Anderson Gallery for a reception. Next to the room where the reception was being held was a student exhibit of furniture. A sign at the entrance read, "Do Not Touch the Furniture."

But the furniture was hard to resist. A soft glide of the hand over the wood grain or a friendly pat on the back of a chair were indications that the sign was being ignored.

People were enjoying the exhibit of student work. Each piece, even those no one would think of buying, received praise. Observers wanted to try out the three-legged chairs or sit at the dining room table. It was an inviting exhibit, and it made me feel proud of the students who put the exhibit together.

A few days later the exhibit was gone but a visit to the crafts department made me appreciate the furniture even more.

A call to the crafts department introduced me to William S. Hammersley, assistant professor of crafts. Hammersley is a stickler when it comes to working with wood. He is not as interested in what a piece looks like as long as its made well. He says, "If a piece isn't made well, it doesn't matter what it looks like. It's still a piece of junk."

According to Hammersley it's a shock to see how much furniture costs and see how poorly it's constructed. "Most furniture is sold because of style. It looks pretty good in the store, but once it's home people find out about the structural problems."

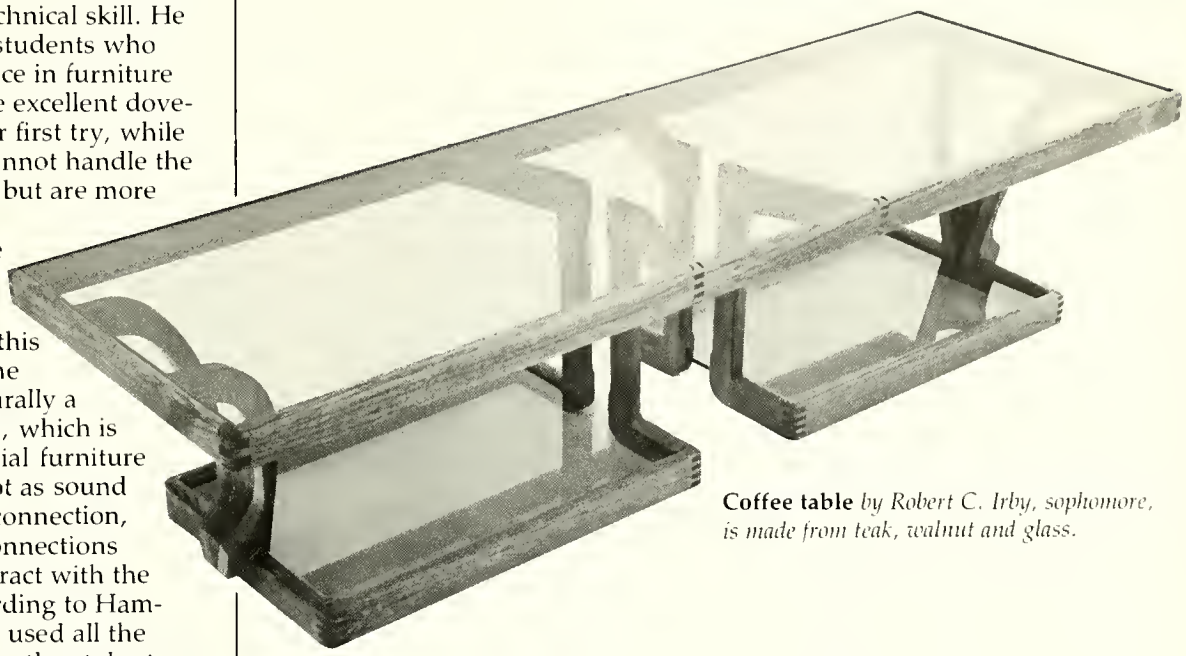
Hammersley teaches all the furniture courses and starts students off with the basic construction techniques, which can be learned in a semester. He then has students design and make different pieces of furniture so they can learn the different structural processes from each other. He has them draw up their initial furniture ideas with no idea of how to put the pieces together—or even if it will work. It is a time for problem solving.

During the second year he has them make a "40-hour chair." "I give the assignment, and they have one work week to design and finish a chair. I tell them to make it simple, but the 40-hour

limit forces them to keep it simple. Every student comes in with the desire for their first piece to be a glorious carved piece like Victorian furniture, but they must first learn the basics. Once they learn the basics and how to problem solve they can go on."

Hammersley looks for a creative design in these 40-hour chairs and a high level of technical skill. He notes that some students who have no experience in furniture making can make excellent dovetail joints on their first try, while other students cannot handle the technical aspects but are more creative.

He stresses the quality of furniture in all his classes, because this is what makes fine furniture. Structurally a metal connection, which is used in commercial furniture production, is not as sound as a solid wood connection, because wood connections expand and contract with the wood. But, according to Hammersley, metal is used all the time, "This causes the styles to look alike. There have been no great new designs, just design applications on already made furniture, in the last 30 years."

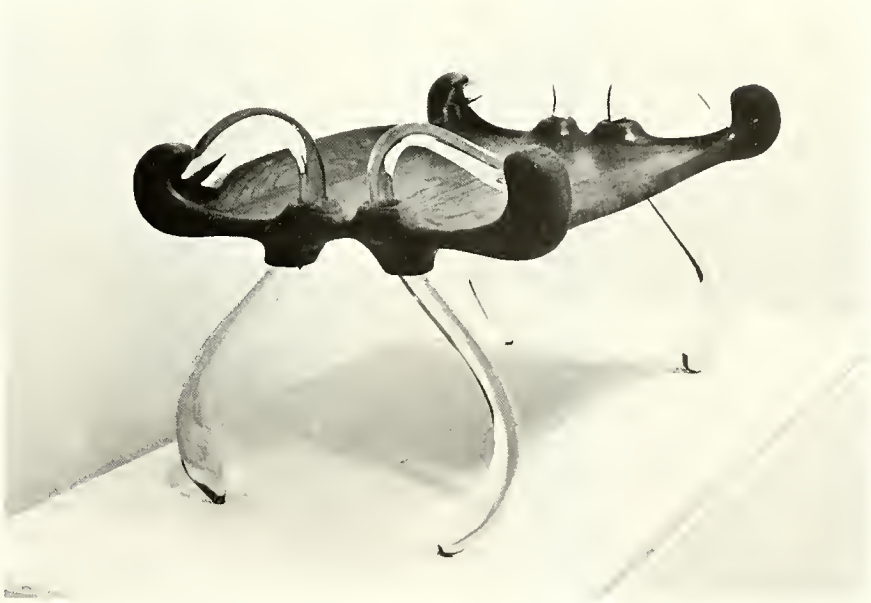


**Coffee table** *by Robert C. Irby, sophomore, is made from teak, walnut and glass.*

He also stresses a piece of furniture must be something a person can live with, like a collection of books. "Original furniture doesn't have to be installed in a museum, rather it must function," he says. "Dave's piece [dining room set] has an oriental flare and will be given as a gift to his sister. It fits into her style of living. Now he's adding leaves to the table. They don't fit the design, but they are a necessity. The piece must serve, must be what it is supposed to be."

Students strive to solve design problems with wood and other materials, such as glass, plastics, metal and leathers. Each element when combined must have the same flow, the same weight, and the same effect on the viewers.

"I tell students to make furniture that comes from their own sense of what's right and follow through with it. They shouldn't



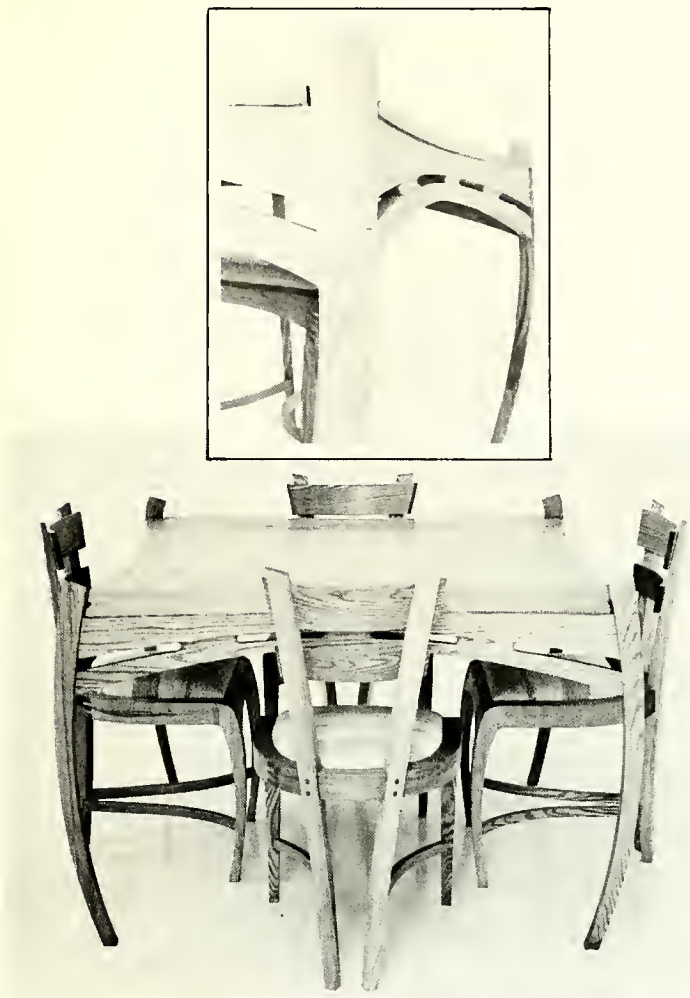
**Glass and wood breakfast table** *by senior crafts student Jamey M. Hutchinson.*

# FORTY-HOUR CHAIRS

**Chair** *of Honduras mahogany is by junior K. B. Gore.*

**Three legged seat** *by Robert C. Irby is made from walnut and maple.*

**Medieval** *chair of walnut by Craig S. Royal, a junior in crafts.*



**Oriental influence dining set**, *Eastman Award winner, by David R. Rogers, a senior in crafts, is of oak with handwoven cotton seat cushions.*

**Checkerboard buffet** *of cherry, maple and brass is by Ellen Longino, a first year graduate student.*

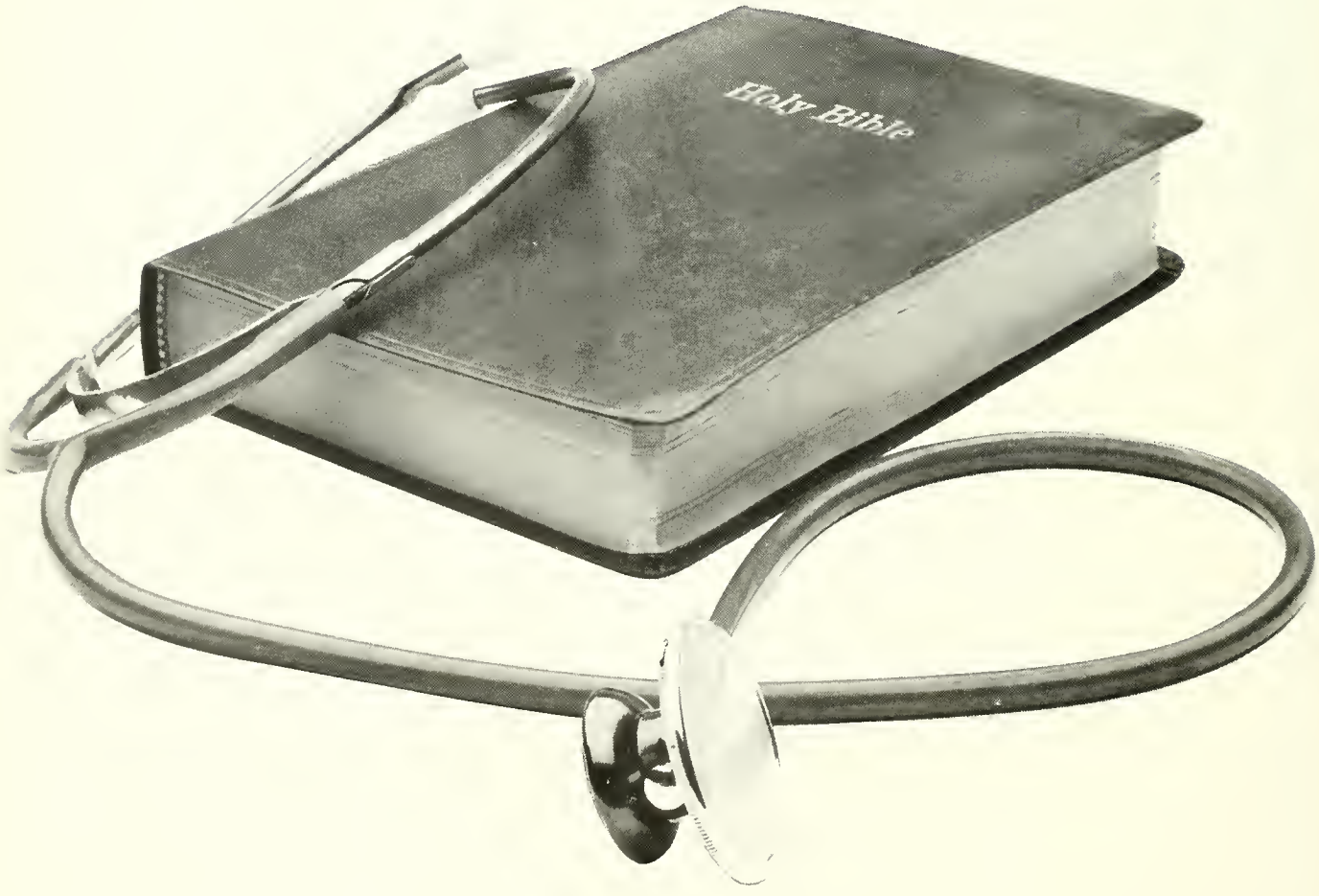
try to be like someone else," says Hammersley. "If a student doesn't follow through on a project I mark him down. There are always problems to be solved, but we learn we can solve them together."

"I tell students it's a big risk doing something different from what is now considered the norm, but it's these risks that make style," continues Hammersley. "For Jamey [table with glass legs] the secret was to get wood, which is a rigid form, to follow lines of a fluid—the glass. "He had to combine the elements so they were of equal weight. He also did the reverse of most tables. The glass forms the legs, while the flowing wood forms the top. And it's Jamey. He's a glass blower; he used his skills to produce a piece that says, 'I'm Jamey Hutchinson."

A student learns the limits of wood—how much it will curve, how it expands and contracts, and what must be provided in a design to insure a design does not hinder the natural wood elements. "The dining set is a perfect example of a structural need and a design element. Dave needed a way for the wood to expand and contract where it was joined at the top of the legs. So he added another oriental influence, the slots, but it was a structural need, says Hammersley, "not a pure design element."

In the last year of training, students use their knowledge of structure to alter a design within this structural format. They invent structure to make a piece they have created. "I tell students they should take a little longer to make something that is theirs. Invent something. They may not know how they are going to make the piece, but they must know how to problem solve. Like any art media they must know how to motivate themselves, instead of waiting for a teacher to give them a problem; they should have a handle on their personal direction and have confidence in finding and solving valid problems." Hammersley continues, "Whatever they do, they must follow through. They have a chance to control their own environment. The skills they learn can be applied to making a fork or a temple—all systems are the same. They just have to do it."

# An Instant Friend



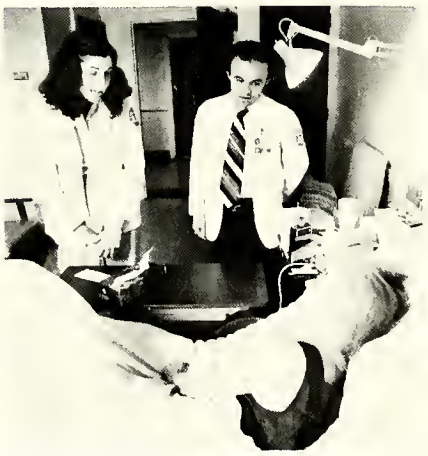
"Who can walk into a patient's room and become a friend in less than 30 seconds? " asks A. Patrick L. Prest, Jr., director of the chaplaincy program at MCV Hospitals. "The answer is obvious," he says answering his own question, "a chaplain." The ability to relate to people on a spiritual basis is important, and Prest believes doctors may get better results from treatments by taking advantage of a patient's religious beliefs.

Many patients at MCV Hospitals want to know, "why me?" They ask if God is getting even with them—if their illness is a form of punishment. "One man, an older man, had been inconsiderate his whole life," says Ben Bissell, a first year student in the patient counseling program, "but by the time he left the hospital three weeks later, God had taught him to be more sensitive to people's needs."

Another chaplain in the patient counseling program, Jane Brawley, notes patients, even non-religious ones, welcome her and her colleagues, but a family might view the presence of a chaplain as a sign that the patient is going to die. "I give them my 'I'm not a vulture speech'," says Brawley. "I let them know I am not the bearer of bad news, that people do get better and go home. Yet, physicians do call us to help families deal with death, to help the family with the initial shock, to contact a family minister or rabbi, or just to show someone cares. And we also assist physicians with transplant requests and acquiring permission for an autopsy."

Being a chaplain at the hospitals can mean a 24-hour day for the nine students in the patient counseling program. Each student works on a rotation basis to insure the hospital is covered at all times.

The patient counseling program is housed in the School of Allied Health Professions, has been in existence for 24 years, and has trained more than 350 men and women in patient counseling. Most students have been pastors and had pastoral responsibilities before coming to the program. Each student is drawn to the program to acquire a better understanding of themselves and their limitations as counselors. But the program is not limited to assisting patients; the program also assists staff to deal with value questions and the anxieties associated with life and death decision making.



*Patient counselors Jane Brawley and Ben Bissell meet with Elva Ennis to insure her minister has contacted her.*

Each counselor has an individualized study program and is assigned to a specific area of the hospital, with each counselor responsible for approximately 125 patients. Bissell notes he came to MCV from Florida "because by reputation it's one of the best training centers in the East." His goal is to become a pastoral counselor. "I don't view myself as competing with an analyst for patients, but I view myself as someone to go to for support. We are not exclusive of the other helping professions. We are generalists, and we deal with faith," adds Bissell.

"One advantage of having the patient counselor program," says Brawley, "is patients have someone to vent their feelings to." MCV may have patients staying for as long as five months, and these people need to talk with someone about their fears and their faith.

The chaplains are constantly being referred patients by physicians and nurses. If someone starts throwing food after learning of the need for a colostomy a chaplain is asked to help, or if a divorce or separation is asked of a patient the counselors are called. "Physicians and nurses just don't have the time to take care of these problems. Yet, these problems can affect attitudes which in turn affect recovery," says Ron Ort, a first year student with the program.

Patients may be concerned because so many people view a colostomy site or stand around watching a standard procedure and want to let someone know they are upset. The chaplains explain MCVs role as a teaching facility and the need for students to learn. If a patient is extremely agitated, the chaplain will speak with a nurse or the attending physician about the problem.

"Our biggest challenge though," adds Brawley, "is the patient's family. Many people, especially parents, feel guilty that their son or daughter is in the hospital instead of them. We have to get them to deal with this guilt or to seek professional help."

Another challenge is the medical personnel who are in stressful situations everyday and who must make life and death decisions, yet according to Prest, these people do not have training which will allow them to take advantage of a patient's religion. They also do not know how to make use of their own religious beliefs in making value decisions. Physicians, according to Prest, have their personal values and attitudes formed through their medical training, which does not allow for religious education. Yet the physicians need strong values for the daily decisions which need

*Ben Bissell and physical therapist Deborah Skalsky discuss Jessie Wilson's progress on the "walking" machine.*

to be made. These include decisions about a patient's quality of life or a patient's refusal of medical treatment. "These fundamental questions dealing with the human existance are essentially religious questions," notes Prest.

In a report of the Institute of Human Values and Medicine, *Medicine and Religion*, Prest, with Thomas L. McElhinney of the Institute, writes, "The doctor should not take into professional life attitudes and opinions about religion that are far below the level of training expected in their area of professional development.

They note, potential benefits of religion are neglected by most physicians, even though patients with religious beliefs tend to improve faster than patients without these beliefs. Medical personnel must understand the role of religion in life, says Prest. "It may be a placebo, but placebos have been proven to work."

"We must give people permission to talk about their religious beliefs," says Ron Ort. "We must provide a more holistic approach to patient care, and this includes getting medical personnel involved." "People are whole human beings, and to ignore religion is to treat less than the whole person," adds Prest. Another first year student, Chris Boyd adds, "If the spirit is troubled so is the whole body." Boyd has formed a stress workshop for staff working in the Intensive Care Unit. "These people make life and death decisions everyday. They may work on a patient for days and the patient dies, or they may see someone they have saved resent being alive and handicapped," says Boyd. "The workshop is to let staff talk about their values and their feelings. In the ICU attention is always directed toward the patient, not toward the staff who come in a distant second." "Staff have no time to wean from a patient—feelings are unfinished," adds Ort. "It is easier when they can talk about their feelings and know they are not the only person who is grieving or is angry."

All chaplains learn about the grief process and its effect on patients, their families and staff. "Shock, denial, anger, bargaining, acceptance, and regeneration are the steps of the grieving process, but people don't realize their feelings jump back and forth. They say, 'I thought I'd worked this through, why am I crying right now.' We let them know this is common, a normal reaction; they are not coming apart at the seams," says Bissell.

"We are the liaison between people in the hospital. We work with social workers and patient representatives and function in a multiple of ways," says Ort. "Yet, the main theme is faith. We expect, as do patients and hospital staff, that the church and its ministers will provide certain things; be supportive in times of stress, sensitive to needs, and help with prayer."

"On a very fundamental level," says Prest, "patients are terribly vulnerable. They sometimes don't understand, even if a procedure has been explained 20 times. A tonsillectomy can be just as traumatic as a heart transplant. A patient is afraid, grieving, anxious and, most of all, lonely—isolated from things he loves. It's a dehumanizing experience."

"Religion does play an important role in health care," says Brawley. "A heart surgery candidate was nervous, on edge. I was asked to talk to him. We reflected on his life. He wanted to speak with his family pastor, and I called his church. The man rededicated his life to God and became a different man. He was at peace—calm. The effect helped him on a physical level so the surgeons could do their job. It was wonderful, and now he's back home after a successful operation. And that's what we're here for."

# COMMENCEMENT '81

Commencement exercises for 3,330 graduates of the university were held at the Richmond Coliseum on Saturday, May 16, 1981. Dr. Baruj Benacerraf, a 1945 graduate of MCV who received the Nobel Prize in Medicine and Physiology in 1980, delivered the commencement address and received an honorary doctor of science degree.

Forty-two percent of the students received graduate degrees from the university's thirteen schools. In all 1,400 graduate degrees were awarded at the master's, doctorate, professional, and terminal level, and 1,930 undergraduate degrees were conferred at the bachelor's and associate's level.

The School of Business produced the largest number of graduates. There were 600 candidates for 182 graduate and 418 undergraduate degrees in that school. The School of Arts and Sciences had 530 candidates for 116 graduate degrees and 414 undergraduate degrees. Of 421 candidates in the School of the Arts, 70 were for graduate degrees and 351 for undergraduate degrees.

The School of Community Services had 106 graduate-degree and 144 undergraduate degree candidates; with the School of Basic Sciences having 22 for doctorates and three for master's degrees. In the School of Graduate Studies 15 candidates received graduate degrees. A special program in the Schools of Arts and Sciences and Education had 14 master's degree candidates.

The School of Social Work conferred 213 degrees, the School of Dentistry 127, and the School of Medicine 172 degrees. The School of Pharmacy, 102 degrees, the School of Allied Health, 195, and the School of Nursing, 180.

## Honorees

### *Honorary Doctor of Science*

*Dr. Baruj Benacerraf*

The first honorary degrees were awarded in 1976; since that time six persons have received this honor: Mr. Eppa Hunton IV, Mr. Virginius Dabney, Miss Theresa Pollak, Dr. Chapman Hunter Binford, Mr. Paul Grant Rogers, and Dr. Richard C. Atkinson.

### Dr. Baruj Benacerraf

Dr. Baruj Benacerraf received his degree in medicine from the Medical College of Virginia in 1945 and was one of three to share the 1980 Nobel Prize in Medicine and Physiology.

Benacerraf, chairman of the Harvard Department of Pathology and president of the Sidney Farber Cancer Institute in Boston, shared the award with Dr. George Snell of the Jackson Laboratory in Bar Harbor, Maine, and Dr. Jean Daussit of the Immunological Laboratory of St. Louis Hospital in Paris. The prize was awarded for their discoveries on how genetically determined cell structures determine whether a person successfully combats cancer and other diseases.

Before joining Harvard, Benacerraf held teaching and research positions at Columbia University; New York University; the Hospital Broussais, Paris; and the National Institutes of Health.

He was born in Venezuela and at age five moved to Paris, France, where he lived until 1939. In 1940 his family moved to New York where he entered Columbia University. Later, while studying at the Medical College of Virginia, Benacerraf joined the U.S. Army and became a U.S. citizen in 1943. He later saw two years service in the U.S. Army in Europe.

Benacerraf has held positions of distinction in many medical and research societies including: president of the American Association of Immunologists, president of the American Society for Experimental Biology and Medicine, and president of the International Union of Immunological Societies.

Throughout his teaching and research career, Benacerraf has devoted his energies to research in the immunogenetics and related fields. To his associates he is known as a thorough and persistent researcher and one devoted to nurturing and developing young men and women toward excellence in scientific research.

## *Wayne Medal Recipients*

*Dr. Wyndham Bolling Blanton, Jr.*

*Dr. Harry Lyons*

The Edward A. Wayne Medal, one of the highest honors bestowed by Virginia Commonwealth University, was awarded to Drs. Wyndham Bolling Blanton, Jr. and Harry Lyons.

The award is in recognition of extraordinary service to the university and the medal has only been presented three times, to Mr. Eppa Hunton IV, Mr. and Mrs. Claiborne Robins and Dr. H. I. Willett.

The medal is named in honor of Mr. Edward A. Wayne, chairman of the Commission to Plan for the Establishment of a Proposed State-Supported University in the Richmond Metropolitan Area. This commission recommended and the General Assembly approved the establishment of VCU in 1968. In addition, Mr. Wayne served as VCU's first vice-rector.

## Dr. Wyndham Bolling Blanton, Jr.

Dr. Wyndham Bolling Blanton, Jr., has served Virginia Commonwealth University since 1969, as a member of the Board of Visitors and as a friend of the institution. Earlier he served as liaison to the Wayne Commission which recommended the establishment of the university.

His association with the Medical College of Virginia began when he entered the School of Medicine where he obtained his M.D. degree in 1950. At MCV, Blanton also received a master of science degree in physiology in 1959 and served his residency in internal medicine. For ten years he was associate dean of the School of Medicine in charge of curriculum.

From 1972 to his retirement from the Board of Visitors in 1980, Blanton served the institution as rector, giving generously of his time in providing direction and leadership to an institution which was experiencing its greatest period of growth.

He was a member of the founding organization of the Council of Visitors, an organization representing members of Boards of Visitors of Virginia's state-aided colleges and universities. He was elected as the first president of the council.

A native of Richmond, Blanton attended St. Christopher's School and the University of Richmond where he received his undergraduate degree in economics in 1943 before seeing wartime service in the Pacific with the United States Navy.

In 1973 he gave up an extensive private practice to join the Charter Medical Corporation where he is presently vice-president for medical affairs.

In addition to his service to the university, Blanton has served on many local and national boards and commissions including: clinical faculty, Joint Commission on Accreditation of Hospitals, member of the Board of the Virginia Hospital Association, the Professional Standards Review Organization Committee of the Federation of American Hospitals, president of the Virginia Society of Internal Medicine, president of the Council for Physicians of the American Hospital Association, and president of the Virginia Holstein Association.

Blanton's awards include Alpha Omega Alpha, Sigma Zeta, Alpha Sigma Chi, Alpha Mu Omicron, and the 1969 recipient of the VPI Dairy Club Award for the greatest contribution to the Virginia Dairy Industry.

## Dr. Harry Lyons

Dr. Harry Lyons entered the Medical College of Virginia School of Dentistry in 1919, and he joined the School of Dentistry faculty shortly after his graduation in 1923. He served through all the ranks from instructor to professor and head of the Department of Oral Pathology. In 1951 he was named dean of the School of Dentistry and served in that capacity until his retirement in 1970.

During his tenure the school grew from an entering class of less than a dozen students to an entering class of 100 students. Two buildings were constructed under his direction, and one dedicated in January 1971, is named for him.

In his retirement Dr. Lyons continues to serve the university as a consultant for grants and contracts and as special assistant for development, 1972-76. He was the first recipient of a 50-year service award presented at VCU.

Dr. Lyons is the only Virginian who has served as president of the American Dental Association and is one of only five persons who has been elected president of the three major dental associations: the American Dental Association, the American Association of Dental Schools, and the American College of Dentists. He was speaker of the House of Delegates of the American Dental Association for four terms and has chaired at least five national committees in the profession. Dr. Lyons has been awarded honorary degrees by Temple University, Manitoba University, New York University, and in 1979, the Doctor of Science from Washington and Lee University.

His many awards include the Alpha Omega Achievement Award, 1956; the William J. Gies Award of the American Academy of Perodontology, 1965; the Maimonides Award of the State of Israel, 1978; the William J. Gies Award of the American College of Dentists, 1978; and more recently the Virginia Association of Professions Distinguished Service Award in 1980.

Dr. Lyons has served as consultant to several U.S. government health care organizations and also as consultant to the State of Israel in establishing that nation's dental schools.

# Sports

## Athletes of the Year

*Becky Crow*

*Mike Hohl*

Becky Crow, the first woman basketball player at VCU to score 1,000 points and a member of the All-State Team, and Mike Hohl, third year Virginia State Champion, NCAA finalist and VCU Outstanding Swimmer, were selected the 1980-81 Athletes of the Year.

Selection was based on their competitiveness as well as their community and classroom activities.

Crow and Hohl were selected from nominations made by the coaches and their staffs and were voted on by members of the athletic department.

*Kenny Stancell*

## Top in His Class

Kenny Stancell, VCU's rising senior who will be one of the key people on next season's basketball team, was named the top junior basketball player in the Sun Belt Conference.

Stancell, who plays center for the Rams, lead them to a NCAA appearance. He is from Galatia, North Carolina, stands 6 foot 9, weights 225 pounds, and averaged 16 points per game. Stancell, after making 31 points and grabbing 19 rebounds in two games in the Sun Belt Tournament, was named the Most Valuable Player by a vote of the news media at the tournament.

*Richard Radford*

## Golf Recruit

Marty Gerr, VCU golf coach, has signed Richard Radford for the golf team. Radford has been a starter and letterman since his freshman year at Meadowbrook High School in Richmond.

He helped the Monarchs to consecutive district championships in 1979 and 1980 and the Central Division crown in 1979. In addition, Radford was the top 17-year-old in the Keystone Junior Invitational, defeating the Nos. 5 and 6 ranked juniors in the country.

Radford plans to major in mass communications while at the university and hopes to attend the MCV School of Dentistry.

Gerr says, "Richie is the first to be signed in the continuing effort to move VCU golf to the forefront in the state and Sun Belt conference competition."

## VCU Wrestler Makes NCAA Tournament

Mike Gatling, a 6-foot-3½ inch, 22 year old, senior, was the first VCU wrestler to compete in the NCAA national championships.

Gatling's 24-5 record and his winning the state and regional tournaments advanced him to the nationals in the 190-pound bracket. This was quite a feat since he sat out last year because he was working to earn enough money to return to school this year.

Coach Vince Roane says, "It's the sort of thing we are trying to do in wrestling—first the state title, then regional, and now national recognition.

Gatling originally began wrestling in the heavy-weight division, but at 205 pounds, he was wrestling opponents who weighed close to 400 pounds. He says, "I was doing okay, but when you're always facing guys who weight 150-200 pounds more than you, it gets tough." As a contender in the lighter-weight class, Gatling has to drop weight before every meet, and he had to loose 19 pounds to make his weight for the nationals.

*Mike Gatling*

The year away from wrestling was hard on Gatling, but he made it pay off educationally. He spent the year working at the Beaumont Learning Center and feels the experience was a good one, since he is majoring in social work and wants to be a juvenile counselor.

But he quickly adds, "It was rough watching my teammates. I didn't feel a part of the team, because I didn't have time to work out with them."

This year he has made the time, and Gatling says, "This is the first year I've felt confident about my ability. I feel good about the NCAA. I'll probably even wrestle in a couple of tournaments during the summer."

Gatling's dream of an NCAA victory didn't happen. He was hurt in his first match and was not allowed to finish the competition.

## It Was the Year that Wasn't

For want of one run, 20 games were lost.

If VCU's baseball coach, Lou Martin, would pen an epic poem about the 1980-81 season, the one-run losses would be his theme in that 20 of the 31 losses (11-31) as of April 27 were by the margin of a single run.

"We started off with great expectations," said Martin, "and on paper it looked as if we had a good chance to win the Sun Belt title. But then, in a week, we lost our leading hitter because of a shoulder operation, two pitchers and a couple of outfielders who dropped out of school."

Rodney Wright (.305), shortstop, and Don Phillips (.300), catcher, were the only regulars at the .300 mark as of April 25. Eight of the men stayed in the .200-plus category: Rusty Vernon, 3-B-DH, .297; Jay Tyler, 2-B, .277; Roy Richardson, 3-B-SS, .265; Tim Beamer, catcher, .262; David Wiltshire, 1-B-3-B, .238; Mike Dolan, OF, .220; Robert Furgurson, OF, .219; Charles Scott, OF, .210.

Mike Wilmoth had the lowest ERA as of April 25 with 3.16. He had won four of the last seven games. Next in line was a freshman, Rhett Bochette (2-2) with an ERA of 5.19.

Top victories during the season included split wins over Liberty Baptist, Old Dominion, Virginia, and UNCC.

Watkins struck out 53 and walked 47. Wilmouth earned 26 strikeouts and issued 20 walks.

## Tennis Makes a Racket

VCU's men's tennis team ended the 1981 season with a 9-0 victory that gave Coach Bill Doeg's team a 13-12 record. The team, in only its second year of existence, surpassed what Doeg had hoped for this early in the development of the squad.

Freshman led the way, particularly Kevin Winston and Steve Specter. The Specter-Winston doubles team, with 11-6, earned the best doubles record.

The VCU women's team finished 4-8 after a season marked by injuries and rained-out matches. Senior Sylvia Jiggetts was the only woman to post a winning record, finishing 5-4 in singles and joining Pat Goldberg for a 5-4 doubles mark.

*Division II, All Americans: (left) Shelly Frazier, Pam Thomas, Pam Bonfield, and Lee Ann Swart*

## The All-American Girls

The VCU women's swim relay team were designated Division II All-Americans at the nationals held at Northern Mighigan University in Marquette. The team competed against some familiar Virginia teams: the University of Richmond, William and Mary, and James Madison. Clarion State College, Clarion, Pennsylvania, won the tournament.

*Front row: Pam Southall, Ruby Johnson, Gretchen Carter, Kelly McDonald, Nancy Williams. Middle row: Mgr. Suzette Reed, Connie Watford, Rachel Jordan, Susan Caskie, Darleen Epps, Coach Mike Mays. Back Row: Mgr. Davenna McGlone, Barbara Watford, Becky Crow, and Pat Perry.*

## Women Rams Win State Championship

The VCU women's basketball team won the Division II state title with wins over Radford (76-72) and William and Mary (72-70).

Susan Caskie was the leading scorer with 21 points in the semifinal win over Radford. Becky Crow contributed 14 points and 12 rebounds.

In the championship game VCU rushed to a 17 point halftime lead, shooting 52.5 percent from the field. The Rams weathered a W&M rally that cut the margin to one, and won with superior foul shooting. Connie Watford led with 16 points and 14 rebounds, Susan Caskie added 16 points.

Crow and Watford were both all-tournament selections as well as previously being named to the all-state team. It was the second straight all-state appearance for Crow.

# Did You Know...

## Classic Clothes Find A Place To Hang

For almost a quarter of a century, Bonnie Cashin designed clothes for Sills and Company that had a way of becoming classics.

Recently more than three dozen of these clothes were donated to the department of fashion design, thanks to the generosity of Philip Sills, president and owner of the now-closed firm.

"This is very rare," says Kathleen Hajek, assistant professor of the fashion faculty, "most manufacturers never let a pattern go."

*Cape and dress, two of the 3½ dozen original Bonnie Cashin creations, donated to VCU's Department of Fashion Design by Sills and Company. The clothes are modeled by sophomore fashion major Renee Jackson.*

But Sills had saved all of Cashin's sample garments—the first from each pattern—and he wanted to find a use for them when he closed the business. He sought institutions which had both a fashion department and a costume collection, and VCU qualified.

The department has garments dating back to 1812 which are used in all aspects of the department's teaching program. The collection also is used by the department of theatre for its teaching of the history of costume and for copying for some stage productions.

Sills invited Hajek to choose some Cashin creations while she was visiting in New York City last year, suggesting that clothes selected cover the span of the years the designer worked for his company.

Hajek pulled 30 garments, not wishing to seem greedy but trying to take full advantage of an unusual opportunity. Later, while waiting for completion of a review and appraisal of the garments before they were mailed, she had a telephone conversation with Sills.

"He said he thought we needed a few more," she says, her eyes sparkling, "so he was sending 42."

Thus the department got 42 garments constituting 37 complete outfits, plus patterns and a sketchbook covering a season of Cashin's work.

The market value of the collection is $21,235 with individual garment prices ranging from $175 for a pair of aqua pants (1958) and for a pair of mustard green pants (1961) to $925 for a pastel, blue-gold, mohair tweed coat (1965).

But the value for the students who will view the collection year after year or for the faculty using the garments as teaching aids would be difficult to estimate.

As a recipient of the firm's generosity, VCU is in company with the Costume Institute of the Metropolitan Museum of Art, the Fashion Institute of Technology, the Smithsonian Institution, the Los Angeles County Museum of Art, the University of Minnesota, the Western Reserve Historical Society, and the Rhode Island School of Design.

From the time she started designing for Philip Sills, Bonnie Cashin created clothes which unmistakably had her mark. During more than one period when an impersonal flavor characterized the majority of a season's fashions, a Cashin design was distinctive enough to pick out, yet with a timeless quality that let the practical investor wear it for season after season.

Writing in 1973, she took issue with any assumption that obsolescence is "desirable as a status symbol," but carefully made a distinction between forced and rational obsolescence. The latter kind she approved: "When a thing becomes better, is improved and grows, then rational obsolescence is at work . . . the opposite of forced change."

Use of canvas is one Cashin trademark, and items in VCU's collection are also trimmed with bias leather. She used it in all types of garments, from elegant evening wear to the most practical day outfits.

It was her combination of beauty and practicality, enforced by her knack for choosing the right fabric for each design, that led one fashion commentator to describe her clothes as "looking as workmanlike as overalls but a lot prettier."

## Riese-Melton Winner

Robert H. Johnston, assistant professor of mathematical sciences and special services coordinator for mathematics, was the winner of the VCU Riese-Melton Award for cross cultural relations. The award was given for his work with disadvantaged and handicapped students.

Johnston sees himself as kind of a father figure to students. "My philosophy is that you don't treat special services students any different from others. I tell students to see me if they are having problems in class. Then I give them assignments and make sure they do homework everyday. I'll even check it for them," says Johnston. "I then make sure they know they must do homework every day—it makes a difference. Once students learn this they do okay."

The students Johnston works with generally do not meet VCU's regular entrance requirements, but are admitted for a summer session of remedial courses which will bring them to the level of the admission requirements. Students are accepted for special services if they come from an economically deprived environment. Very few of the 400 students admitted into the summer program need all of the remedial courses, but Johnton says, "Some need the basic arithmetic concepts—adding, intergers, multiplications, and fractions. We have to build the basic rules. All of this material is put into a 4-½ work week period, so they have to work hard. They must build proper study techniques and are graded every day."

Johnston believes he received the award for his informal contact with students, not for his teaching. "I spend time with any student who's having a problem. I try to give time to VCU students just like I want my kids to be treated. I hope teachers will talk with my kids and help them develop not only academically but in character. To help them develop guidelines for use everyday, so they can give themselves a fair shake on the future. This is what kids need."

Johnston came to VCU eleven years ago from the U.S. Air Force Academy when the VCU mathematics department was being developed. He notes, "Students at VCU are not different. Students find out we mean business and learn that if they work they can do anything they want to do. In fact, many of our students have more desire to succeed. It makes us proud when someone comes back who has accomplished their goals and is enjoying their work and life."

## VCU & State Exchange

A Faculty-Executive Exchange Program between VCU and state government agencies under the Office for Human Resources was initiated in February.

The program will provide opportunities for university faculty to serve temporarily in executive

level positions in selected agencies under the Secretary for Human Resources. Similarly, agency executives will have the opportunity to serve in university faculty and research roles.

VCU President, Dr. Edmund F. Ackell, notes the program is designed to develop a closer working relationship between the university and governmental agencies in Virginia.

A special selection committee has been formed to make appointments to the voluntary program which will be administered through the university's Center on Public Affairs in the School of Community Services.

Carroll R. Hormachea, associate professor of urban planning, has been named program administrator. He indicated faculty accepted into the program will be placed in management and policy positions appropriate to their training and experience. Agency executives, depending on their backgrounds, may teach, conduct research or work with university administrators.

Hormachea noted if the program meets with its anticipated success, it could be extended to other agencies and universities in the Commonwealth.

## An Urgent Request from Abroad

When the Eurotransplant Foundation needed assistance in locating recipients for a genetically rare pair of kidneys, it called MCV.

The Holland-based institution, for the first time contacted a transplant program in the United States. The Dutch donor was from the rarest blood group—the AB group—meaning only a small percentage of persons in Europe or North America in need of transplants could use the organs. To compound the problem, although they were physiologically normal, the kidneys were unusual from a genetic point of view.

The MCV center contacted more than a dozen organ transplantation facilities in the U.S. and Mexico, and one in Canada which could inquire of a similar network in that country. The search went on for five hours before the Eurotransplant Center located recipients in Finland and Yugoslavia.

Finding recipients in a short period of time is vital since most kidneys are transplanted within 48 hours after removal and a minimum of eight of those hours must be in a laboratory for compatibility testing.

"Cooperation on such a scale does not take place often, but it's nice to know that saving lives can transcend state, national and even continental boundaries," says Herb Teachey, coordinator of the MCV transplant program.

## Phi Kappa Phi Honor Society

The VCU chapter of Phi Kappa Phi, the national honor society which recognizes scholastic achievement in higher education, inducted 246 students and four faculty on April 23, 1981.

The guest speaker was Dr. Edmund F. Ackell, president of VCU; Dr. Wayne Hall, vice-president for academic affairs and Phi Kappa Phi president, presided at the initiation ceremonies.

Two firsts occurred, individual schools awarded academic scholarships and faculty members were initiated into the society. Faculty members are selected on the basis of scholarly activity and contributions in research. They were Dr. Laurin L. Henry, dean, School of Community Services, and professor of public administration; Dr. Werner Lowenthal, director of continuing education, School of Pharmacy; Dr. Daniel T. Watts, dean, School of Basic Sciences and professor of pharmacology; and Dr. Paul H. Wehman, associate professor of education.

Miss Susan Goodman, a marketing major received the university scholarship and a scholarship from the School of Business, and Mrs. Nancy L. Forsyth, a graduate student in psychology, received a special chapter scholarship. Other scholarship winners were: Ms. Karen Friedlander and Ms. Marcy McDonald, School of Fine Arts; Mr. James C. Fletcher and Mr. Michael H. Motto, School of Arts and Sciences; Ms. JoAnne W. Robison, School of Community Services; Mrs. Charlene Tolp, School of Education; and Ms. Lizabeth Albert, Ms. Ginny Hudges and Ms. Rebecca Lutz, School of Social Work.

## An International Affair

The second International HBDS Seminar was held at VCU in March with the Department of Urban Studies and Planning and its Center for Public Affairs as hosts.

HBDS—short for hypergraph-based structure—is an advanced method for modeling systems and earth resources. It was developed by Professor Francois Bouille of Curie University in Paris, and the methodology quickly gained international recognition. The first seminar was held last June in Lisbon, where the International HBDS Association was formed.

Dr. Robert B. Rugg, assistant professor of urban studies and chairman of the second seminar, says, "HBDS enhances the capabilities of computer generated cartography because the system faithfully represents all physical phenomena and their relationships. . . .It is more than three-dimensional."

## 27th Alumni Award

Alexander Bruce Bryant, a graduating senior in business administration, received the annual Alumni Award from the VCU Alumni Association (Academic Division) for being the outstanding senior on the academic campus of the university.

The award is given for excellence in leadership, service and scholarship while attending the universtiy and is the highest award a student can obtain on the academic campus.

Bryant has been the recipient of VCU's Leadership and Service award for the past two years, was selected for *Who's Who Among Students in American Universities and Colleges for 1979-80*, and was a recipient of a scholarship to attend a three-week Institute on Jamaican Life and Culture last summer.

## "May I Help You?"

Betsy F. Sweet has assumed the position of assistant to the director of alumni activities. She will be responsible for alumni services and will work with alumni in executing planned activities and meetings.

Before joining the university, she worked as coordinator of publications at Tennessee Technological University in Cookeville and at Virginia Tech as art director.

"I am pleased to have someone join the staff who has worked at other universities. Her insight into higher education and her previous experience will contribute significantly to the goals of this office in serving VCU alumni," says James L. Dunn, director of alumni activities.

## A & S Honoree

The School of Arts and Sciences has instituted a semi-annual lecture series in order to recognize the contributions of outstanding educators, scholars and researchers in the school. Two faculty will be selected each year from nominations made by faculty to the Faculty Status Committee. Each honoree will present a public lecture concerning their scholarly work.

Dr. Daryl C. Dance, associate professor of English, was selected as the first honoree for her contributions to research dealing with Black American literature.

Dance has numerous articles and chapters in books and is currently studying Caribbean literature and folklore. Her book, *Shuckin' and Jivin': Folklore from Contemporary Black America*, is a major contribution to the study of the folk tales of blacks and has earned her international recognition.

## Seniors Helping Seniors

A hot line for older Virginians is now in operation weekdays, 9 a.m. to 5 p.m. By calling 358-2330 older persons can talk with other seniors about problems, age-related issues and services. This project is sponsored by the psychology and gerontology departments and the United Way Information and Referral Center.

## Social Work Institute

The Fourth Annual Alumni Association Institute of the School of Social Work was held in late March. The institute's guest lecturer was Douglas G. Glasgow, D.S.W., professor of social work at Howard University in Washington, D.C.

Glasgow's topic was "The Black Family In Our Social Service Systems—Are Needs Being Met?" His presentation was drawn from his years of experience as a researcher of the black community and the black family structure.

## Secretary of the Year

Dorris Douglas Budd, secretary to the vice-president of finance, was presented the first Dorris Douglas Budd Secretary of the Year award at ceremonies honoring VCU employees.

Budd, who has been at VCU for 30 years, exemplifies the ideal blend of humor, good sense, ability, and responsibility needed in a secretary; because of these attributes the award which will be given annually was named in her honor.

## Evening Studies: Fall 1981

Choose from almost 1,000 classes offered in late afternoons, evenings or weekends and located on or off campus. For information, a *Bulletin* listing courses, or registration materials, call 257-0200.

Advanced mail registration: June 24-August 7.

In-person registration: August 25 & 26, 3:30-8:00 p.m., Mosque Ballroom.

Classes begin: Monday, August 31, 1981.

# Braggin'

VCU has been awarded $2.6 million by the National Institute of Health to continue its liver disease research program at the MCV Campus.

The program, which began in 1976, is multidisciplinary and combines efforts of basic scientists in the departments of pharmacology and biochemistry with clinicians in the department of internal medicine and surgery.

**Dr. Charles Blem,** associate professor of biology, was elected a fellow to the Council of the American Association for the Advancement of Science at the association's annual meeting in Toronto.

**Dr. John H. Borgard,** assistant dean, School of Arts and Sciences, was recently elected president elect of Academic Affairs Administrators, Commission 14 of the American College Personnel Association. Academic Affairs Administrators is a nationwide organization with approximately 1,700 members.

**Dr. Alexandre Fabiato,** professor of physiology, was elected a fellow to the Council of American Association for the Advancement of Science at the association's annual meeting in Toronto.

**James E. Hooker,** assistant professor of administration of justice and public safety, was elected to serve on the Board of Directors of the Virginia Association of Criminal Justice Educators.

**Dr. Robert H. Janke,** assistant professor of theatre, has been elected president of the Virginia Speech Communication Association.

**Dr. Kimball Maull,** associate professor of surgery, has been elected chairman of the surgical section of the Southern Medical Association.

**Dr. Susan Nayfield,** instructor in medical oncology, has been appointed a Milbank Scholar. She is one of five scholars appointed this year. The grant will provide her with two years of epidemiology training at the London School of Hygiene and Tropical Medicine and in the clinical epidemiology unit of a teaching hospital in the United Kingdom.

**Dr. M. Pinson Neal, Jr.,** professor of radiology, has been named first vice-president of the Southern Medical Association. The organization is comprised of 26,000 physicians from 17 southern states.

**Dr. Duncan S. Owen, Jr.,** (resident 1965) professor of medicine, has been named president-elect of the Richmond Academy of Medicine.

**Ann Sibley Pryor** (B.S. nursing 1972) is president-elect of the Association of Pediatric Oncology Nursing. APON is an international organization which provides its members a forum to learn, share and discuss issues pertinent to their oncology specialty.

**Dr. Thomas P. Reinders,** associate professor of pharmacy, has recently been appointed to serve on the FDA advisory panel charged with the review of new drug applications for antihypertensive drugs.

**Dr. Doris B. Yingling,** dean of the School of Nursing, was one of 34 persons selected by the People-to-People program to visit the United Republic of China for special consultation as a health team member.

# Whatever Happened To...

## Best At Living

Harvey L. Grattan (M.S. business 1971) received a job offer from Best Products Co., Inc., Ashland, Virginia, within one week of his completing a yearlong computer training program at Woodrow Wilson Rehabilitation Center in Fishersville, Virginia. "I was lucky; I got the job on my own. Best didn't do me any favors. They hired me because we both thought I had the skills for the job."

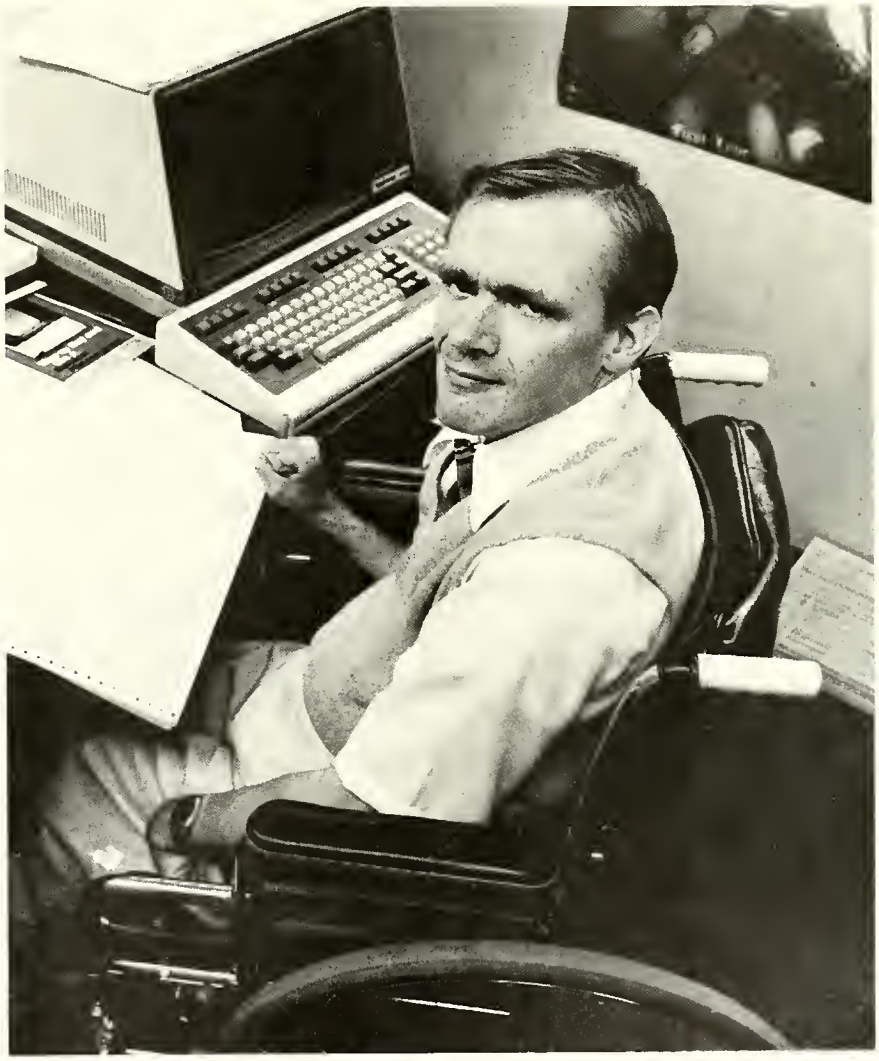
Grattan, 38, is a programmer/analyst trainee for Best. Grattan has been in this position since February 1980, which is longer than most people stay in the trainee position.

Yet Grattan says, "Best has been good to me. I came in with a lack of knowledge which we assumed I had. What I've got to do is show I can do this job and move my way up to a junior programmer/analyst position."

Grattan wasn't looking for favors when he applied for the position and still isn't. Yet he could try to take advantage of his position at Best Products since he has cerebral palsy which confines him to a wheelchair and at times makes his speech unclear.

He has had cerebral palsy (CP) since he was six months old, when he contracted encephalitis and suffered a high fever.

Cerebral palsy is a disease which impairs the brain's impulses to muscles and can affect any part of the body including speech. Rehabilitation often means training other nerve circuits and muscles to take over for ones that are not functioning.



*Harvey L. Grattan*

Grattan does not appear to be angry about his disability. "I've never known anything else. I am what I am. I don't have any reason to be bitter because it doesn't help," he says. "I have resigned myself to the idea that I am disabled. I know there are some limits, but I haven't found them yet."

For Grattan rehabilitation at Woodrow Wilson meant he would have a "salable skill." "I had a bachelor's in sociology and a master's in business. I kept going from business to business looking for a job. But I didn't have a specialty—nothing to sell. I'd go into a business and ask what was available. I made the mistake of asking, and that's no way to get a job," he says. "And I was not being told I wasn't being hired

because of CP," he emphasizes.

Grattan, even though he has remained in a trainee position, is luckier than most severely handicapped persons. Finding competitive jobs is difficult, and training classes do not insure a job in competitive business.

His only employment before attending the computer training program at Woodrow Wilson was as general manager for two years of a major home appliance store his family owned in Ashland. "I fell into the opportunity, but it didn't take long before I knew I'd have a heart attack working for the store. There was no way we could compete with Sears or Wards or discount appliance stores. In 1971, I closed up the business and did something stupid. I went on a nice vacation," says Grattan. Smiling he adds, "The vacation got out of hand; it lasted until 1978 when I decided something had to be done." Another smile, and he adds, "What happened was stupidity."

Best Products was the ideal place for Grattan to work because "it's close to home." Grattan lives with his mother in Ashland, but pays someone to assist him in getting up in the morning and going to bed at night. Also Best Products was ideal for him to arrange transportation to and from work, even though he may sometime arrive at work an hour early.

At one time he wanted his own apartment, but he could not afford the strain on his income. "Maybe moving up in the programmer/analyst position will put me in a position where I can do things I want to do," he says. One of his ambitions is to travel to the Orient, because one of his hobbies is people. "I like people. I like different people from different cultures." Because Grattan likes people, he travels as a hobby and has been to Jamaica and Haiti and in the United States to Nashville, New Orleans, Las Vegas and Southern California. His hobbies also include black and white photography, which he thinks of as an art form, and he is now concentrating on taking portraits and "outdoorsy" pictures—not just snapshots. He also enjoys snorkeling, which he learned while at Woodrow Wilson, and wants to learn how to skin dive. Another hobby, raising English Springers, has been "put on the back burner," because he doesn't have enough time, and "raising dogs isn't fair to other people who'd have to take care of them while I was at work," he adds. Grattan also has a fascination with the occult and loves to watch movies like *The Omen*.

Grattan stays socially active by visiting his "adopted family" in Bridgewater, Virginia, who he met while at the rehabilitation center, and by attending Sigma Alpha Epsilon fraternity events, such as the annual pig roast—"the social event of the year"—at Randolph Macon College where he earned a bachelor's degree in sociology in 1964. He was also active in the Jaycees, until he became "over-the-hill" and goes to a party whenever he can. He says, "As long as I can get to and from a party, I go."

No matter what Grattan does he maintains a marvelous sense of humor. He is not above taking "pot shots" at himself and anyone within range. For him life is to live. He says he wants to be remembered as being "the best at living and that's it."

On the job, Grattan is part of the inventory report group which is responsible for all inventory information and provides most of the management reports on sales, merchandise location and prices. To input into the computer Grattan uses a stick and a hunt and peck system at the keyboard. "I really needed better programming skills," he says. "And I'm learning them. I like where I am now. I've been switched to another group, and we're learning the basics. It's a whole new experience. I'm really enjoying it. What I'm learning at Best, about sticking to a job and being disciplined is something I can use everyday. Remember, there are no limits."

## '11

**Carrie M. Copenhaver** (B.S. nursing 1911) was 99 in October 1980.

## '34

**Cecil C. Hatfield** (medicine 1934) was awarded the highest honor of The Medical Society of Virginia, the Physician Award for Community Service.

## '37

**Jacob I. Weisser** (dentistry 1937) began the American Society of Retired Dentists in 1979. He began the association with the realization that most people are unprepared for retirement and need assistance adjusting to a new way of life.

## '38

**Edna Ross Burton** (St. Philip nursing 1938) hopes to retire in August after 33 years with the State Health Department. She is presently working as the coordinator and nurse for the Central Virginia Child Development Clinic in Lynchburg.

## '42

**Nell Blaine** (fine arts 1942) had her 37th solo exhibition. Her latest one-man show was at the Fischbach Gallery, New York City. The subjects of her paintings were still life, interiors and landscapes.

**Elizabeth Stoneman Frey** (B.S. social work 1942) retired in 1971 from the Virginia State Mental Health Department after 17 years as a social worker at Piedmont State Hospital, Burkeville, Virginia.

## '43

**A. J. Fressola** (dentistry 1943, intern/dental 1944) is in the private practice of dentistry in Staten Island, New York. In 1980 he was designated "man of the year" by the Richmond County Dental Society and was presented with a plaque for 33 years of service to the society.

## '49

**Philip London** (medicine 1949) represented VCU at the inauguration of President Maurice C. Clifford of The Medical College of Pennsylvania, April 13, 1981.

**Lorene A. Newman** (nursing 1949) has been teaching a health occupational course for the past eight years at the Cecil Vocational Technical Center, Cecil County, Maryland. She is registered with the University of Maryland to complete her nursing bachelor's degree requirements in 1982.

## '51

**Don A. Hunziker** (B.S. business 1951) represented VCU at the inauguration of President William R. Rogers at Guilford College, Greensboro, North Carolina.

**Kenneth B. Lyell** (B.S. business 1951) has been appointed assistant director of leaf purchases at Philip Morris U.S.A., Richmond, Virginia.

## '52

**Louise Harrison Blowe** (St. Philips nursing 1952) retired on September 16, 1980, after 30 years of service at MCV's Department of Nursing.

**M. Ruth Carson** (B.S. nursing 1952) was chosen as Occupational Health Nurse of the Year in 1980 by the Virginia State Association of Occupational Health Nurses. She is director of nurses at Reynolds Metals Company, Richmond.

**Thomas W. Turner** (medicine 1952) is a staff physician for the Southeastern Training Center for the Mentally Retarded in Suffolk, Virginia. He also lives on a farm and breeds and raises Arabian horses; his yearling "Rippa Na" won the 1980 Virginia Arabian Futurity.

## '53

**Richard N. Carlyon** (B.F.A. painting 1953, M.F.A. painting 1963) presented an illustrated lecture on creative, constructive and humorous uses of art from the past at the Bristol Chapter of the Virginia Museum.

**George M. Hudgins, Jr.** (B.S. recreational leadership 1953) has been named a Virginia Electric and Power Company district manager.

**Bette R. Landen** (B.S. physical therapy 1953), a colonel in the U.S. Army, is director of the U.S. Army Baylor University Program in Physical Therapy. She will be retiring this year after 22 years in the service.

**C. Lynn Weakley, Jr.** (cert. advertising 1953) represented VCU at the inauguration of President Richard C. Detweiler at Eastern Mennonite College and Seminary on April 25, 1981.

## '54

**Bryan L. Clark, Jr.** (B.S. business 1954) represented VCU at the inauguration of President James Everett Martin of the University of Arkansas System on May 3, 1981.

## '55

**Elizabeth Giesecke Clark** (cert. accounting 1955) attended the inauguration of President James Everett Martin of the University of Arkansas System on May 3, 1981. She accompanied her husband Bryan, who represented VCU at the inauguration.

## '56

**Milton S. Christy** (B.M.E. music/voice 1956) is the owner and operator of two retail farm supply stores, and he farms 1,400 acres. He also produces a weekly broadcast for three radio stations and is music director for Ramoth Baptist Church, Stafford, Virginia.

**Mitchell L. Easter** (B.S. business administration 1956) is corporate distribution manager at Huffy Corporation. He was recently appointd to the City Planning Commission, Miamisburg, Ohio.

**Clarence K. Glover, Jr.** (medicine 1956) is president of the medical staff of Mary Washington Hospital in Fredericksburg and of the Fredericksburg Area Medical Society.

## '58

**Samuel H. Treger** (B.S. business 1958) is manager of financial services for I.B.M. Corporation's International Division in Yorktown Heights, New York.

## '59

**William A. Fones, Jr.** (B.S. business 1959) is president of the Piedmont Chapter of the Risk and Insurance Management Society, Inc.

**Anne Dickenson Hayes** (B.F.A. commercial art 1959) of Newport News is pursuing her interest in watercolors and "plans a new career in that direction."

## '62

**Austin B. Harrelson** (medicine 1962, resident neurology 1966), chief of staff at St. Mary's Hospital in Richmond, served on the boards of St. Mary's Hospital and of St. Christopher's School Foundation during 1980. During the same year, he also served as president-elect of the Southern Clinical Neurological Society.

**Grace Rodman Maxey** (B.S. nursing 1962) represented VCU at the Sesquicentennial Convocation at The Unversity of Alabama, May 10, 1981.

**Joseph C. Parker, Jr.** (medicine 1962) has accepted the position of associate dean and chief medical officer of the College of Medicine at the University of Tennessee in Knoxville, where he plans to continue his commitment to anatomic and neuropathology research.


# Rings

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## '63

**David S. Norris** (B.S. business 1963) has been promoted to senior vice-president of the Bank of Virginia.

**Marianne R. Rollins** (B.S. pharmacy 1963) is a pharmacist with Standard Drug Store, Lakeside branch, in Richmond. She was a guest speaker at the convention of the Pharmaceutical Society of the State of New York and spoke on how to effectively interact with consumers.

**Benjamin J. Stebor, III** (dentistry 1963) was elected to fellowship in the International College of Dentistry.

**Thomas L. Weedon** (B.S. journalism 1963) has been named director of information for the Virginia Department of Alcoholic Beverage Control.

## '64

**Charles H. Wood** (B.S. business 1964) writes "I am still an active sailor

on both Lake Norman and Lake Wilye—near Charlotte. Also, I was elected to the Board of 1000 Home Community, which is like a city council. Daughter Melanie is now a sophomore at Queen College, Charlotte, North Carolina. Son Sidney is a sophomore and tuba player at Clover High School, Clover, South Carolina, and wife Norma now has a two day work week at River Hills Realty Sales Inc."

## '66

**Dorothy M. Brewer** (B.S. business education 1966), area vocational director of the Dowell J. Howard Vocational Center, Winchester, Virginia, has been appointed chairman of the Winchester-Frederick County Chamber of Commerce Economic Education Committee.

**Barbara Grunewald Dix** (B.F.A. fashion design 1966) is becoming a professional painter and her oil paintings are being displayed in art galleries in the Boston area.

**Robert L. Eskridge** (B.S. advertising 1966) has completed 14 years in the marketing division of Group Hospitalization Inc., the Washington, D.C. Blue Cross and Blue Shield affiliate. He is marketing manager of the division.

## '67

**William F. Harmon** (B.F.A. commercial art 1967) had a showing of his pen and ink drawings in the Second Floor Gallery of the Richmond Public Library.

**Mary White Howie** (B.F.A. communication arts and design 1967) is beginning her 14th year as a graphic designer for the studio of William J. Kircher and Associates in Washington, D.C. She has been the recipient of numerous awards for her work in editorial design and illustration.

## '68

**J. Troy Osborn** (B.S. occupational therapy 1968) is chief of occupational therapy at Latrobe Area Hospital in Latrobe, Pennsylvania. Last year he received the Founder's Award from the Pennsylvania Therapy Association, was elected president of Open Doors for the Handicapped and elected to the Board of Directors of the National Management Association, Laurel Chapter. He is also co-developing "alternative systems for the handicapped."

**Michael D. Pritchard** (B.S. business 1968, M.S. business 1971) works as a special projects assistant for the Public Service Company of Colorado. He writes, "I entered my first marathon (Denver Marathon) in November 1980 and completed it in 4 hours and 8 minutes. I am undecided whether a second one will ever be run."

**William T. Sachak** (B.F.A. communication arts and design 1968) writes, "I thought I'd resurface after 13 years and let my friends know that I'm still alive. Since 1968, I have been: in a war; married/divorced; a father; an art instructor, woodworker, photography instructor, electrician, carpenter, nationally published freelance photographer, graphic designer, writer, and traveler. At present I am working on a novel which examines violence and paranoia and am basing it on personal experiences from the Viet Nam war. When I am not writing or being any of the above, I am working at being the lead guitarist for a rock band, endangering my life on motorcycles, or growing vegetables in my garden."

## '69

**Melvin L. Bowles, Jr.** (B.S. business administration 1969) corporate auditor of Dominion Bankshares Corporation in Roanoke, has been awarded the charter bank auditor designation of the Bank Administration Institute.

**David C. Elmore** (B.S. accounting 1969) joined Days Inns of America Inc., in Atlanta, Georgia, as vice-president and controller.

**Beverly Miller Jackson** (B.F.A. communications arts and design 1969) is art director at WCVE/WCYW-TV, Channel 23 in Richmond. She writes this position has given her a "variety of interesting and challenging art/photography assignments."

**Alan L. Markowitz** (M.H.A. 1969) is executive director of corporate acquisitions for Charter Medical Corporation, Macon, Georgia.

**Michael P. May** (B.S. science 1969) is manager of Phelps Dodge Magnet Wire in Fort Wayne, Indiana, where he has worked for five years. He and his wife, Margaret, have two daughters, Katheryn and Kimberly.

**Donna Martin Pence** (B.S. nursing 1969) is a full-time nurse practitioner at the Pediatric Clinic, Kaiser-Georgetown Community Health Program, Herndon, Virginia.

**Donna L. Rappolt** (B.F.A. fine arts 1969) writes that she and her mother, **Priscilla Alden Rappolt** (B.F.A. art education 1966, M.F.A. fine arts 1968) have had numerous two-man shows. She exhibits her photographs, while her mother shows drawings. She is a sales representative for Black and Decker Manufacturing Company in Philadelphia and is working toward a master's degree in nutrition education at Nesbitt College of Drexel University.

**Margaret Denman Rose** (M.Ed. elementary education 1969) is no longer teaching in the Boston area. She is "enjoying church activities and being a housewife."

**John J. Schwartz** (B.S. accounting 1969), an associate with James River Inc. Realtors, was named Richmond's Outstanding Young Man by the Richmond Jaycees. He is active in sports communications and provides the play-by-play commentary for the VCU Ram's basketball games on cable television.

**Norma Van de Poele Simpson** (B.S. recreation leadership 1969) represented VCU at the inauguration of President Paul H. Silverman at the University of Maine at Orono.

**Robert D. Statler** (B.S. business administration 1969) has been promoted to branch officer by the Bank of Virginia. He manages the bank's Westwood branch in Fredericksburg.

## '70

**Kayreen Jurica Burns** (B.S. elementary education 1970) earned a doctorate from Loyola University of Chicago in Foundations of Education.

**Patricia Belton Cushnie** (B.S. nursing 1970, M.Ed. adult education 1975) has been appointed director of nursing services at MCV.

**Sharon Post Hageman** (cert. occupation therapy 1970) is working as a treatment team leader at J.N. Adam Development Center, Perrysburg, New York, and as occupational therapy/activities consultant at Jennie B. Richmond Chaffee Nursing Home, Springville, New York; Lakeshore Nursing Home, Irving, New York; and Houghton Nursing Care Center, Houghton, New York. She is married and has two children, Jessica, age 6, and Paul Jr., age 13.

**A. Christine Huffman** (B.F.A. art history 1970) is living in New York City and is manager of store merchandising for 670 Waldenbook stores nationwide.

**Rubin C.Peacock** (M.F.A. sculpture 1970) had an exhibition of his large-scale bronze works at the Virginia Museum's Institute of Contemporary Art.

**A. Wright Pond** (dentistry 1970) has been elected president of the Southside Dental Association of Virginia.

**Mary Skudlarek Sudzina** (B.S. English education 1970) is working full-time on her Ph.D. in educational psychology at Temple University. In addition, she is teaching developmental psychology to undergraduates at Temple who are working toward teacher certification. She writes, "Our home looks like a library on weekends as my husband, Robert, a manager with Proctor & Gamble, is also working on his M.B.A."

**Geneva Capps Welch** (B.F.A. communication arts and design 1970), of Richmond, uses acrylic paints with wa-

ter color techniques to create life-like representations of owls, foxes and other creatures of the forests.

## '71

**Norman B. Fizette** (medicine 1971) is an associate professor of pathology at the St. Louis University School of Medicine and director of the Snodgrass Clinical Laboratories for St. Louis City Hospital.

**Lynnore W. Hilton** (B.F.A. art education 1971) had her ceramic sculpture, Stitch in Time, selected for the Virginia Craftsman 1980 exhibit at the Virginia Museum of Fine Arts.

**Gary S. Hoffman** (medicine 1971) is a staff physician at Mary Imogene Bassett Hospital, New York, and of Columbia University College of Physicians and Surgeons. He is involved in clinical medicine, research and teaching, and continues to write textbooks and articles on internal medicine/rheumatology.

**Paula McCoy Huffman** (B.S. social welfare 1971, M.S. rehabilitation counseling 1973) was recently promoted to director of the Norfolk branch of Crawford Rehabilitation Services Inc.

**Edward S. Kerr** (B.S. advertising 1971) has been promoted to the newly created position of director of solar advertising for Reynolds Metals Company, Richmond.

**Verda McKinney Little** (M.S. clinical psychology 1971, Ph.D. clinical psychology 1979) of Richmond, Virginia, began private practice as a clinical psychologist in November 1980.

**Randall W. Powell** (medicine 1971) has been board certified in pediatric surgery, is on active duty in the U.S. Navy at the Naval Regional Medical Center, San Diego and is an assistant professor of surgery at the University of California at San Diego School of Medicine.

**Mitchell B. Smith** (M.H.A. 1971) administrator of Sebastian River Medical Center, Sebastian, Florida, has earned special recognition from Humana Inc., the company that operates the hospital. Smith was installed as a member of the 1980 Humana Mangement Club for hospital administrators. Membership is based on effectiveness in day-to-day hospital administration, which includes recruiting and retaining competent personnel, maintaining good relations with the community and the medical staff, and providing quality health care delivery.

**Earl K. Wilson** (B.S. pharmacy 1971, medicine 1976) has joined the medical staff at Bristol Memorial Hospital in Bristol, Virginia.

## '72

**David N. Gant** (B.F.A. painting and printmaking 1972) recently returned to Richmond from the Peruvian Andes where he took photographs for a slide/sound documentary of the music and musicians of the Andes. Last winter he published an article with photographs about his excursion. He is currently producing an edition of lithographs based on his paintings, some of which were shown at Modlin Fine Arts Center at the University of Richmond in September.

**John S. Hilliard** (M.M. composition 1972), composer-in-residence at Howard Payne University, Brownwood, Texas, has been eleted composition fellow for this summer at the Virginia Center for the Creative Arts and has been commissioned to compose a chamber music work honoring the Virginia center's 10th anniversary.

**Arthur W. Layne** (B.S. biology 1972, M.H.A. 1976) represented VCU at the inauguration of Major General James Alexander Grimsley, Jr. as president of The Citadel in Charleston, South Carolina.

**Dale E. Lies** (B.F.A. communication arts and design 1972) has been promoted to manager, Graphic Design/Audio-Visual Services for Prudential Property and Casuality Insurance Company, Springfield, New Jersey.

**Samuel B. Lubman** (B.F.A. sculpture 1972) is employed with Continental Financial Services Company of Richmond as a mortgage loan analyst in the Mortgage and Real Estate Department.

**Joseph M. McCulloch, Jr.** (B.S. physical therapy 1972) is an assistant professor of physical therapy at Louisiana State University Medical Center in New Orleans, and he is in his final year of doctoral study at the University of New Orleans.

**Woodrow Wilson Robertson, Jr.** (B.S. health and physical education 1972) has completed an extensive two week training program for distributors of Safeguard Business Systems Inc., Fort Washington, Pennsylvania. Robertson will be responsible for the distribution of one-write business systems and computerized financial reports in the Richmond area.

## '73

**Carl E. Demory** (B.S. administration of justice and public safety 1973, M.S. administration of justice and public safety 1978) was named police chief of Gordonsville, Virginia.

**Walter W. Foster** (M.S. business 1973) has been named section director, solar energy section, of Reynolds Metals Company's Product Development Division, Richmond.

**Glenna Smith Gammon** (B.S. retailing 1973) was recently named Trim-A-Home marketing manager for Hallmark Cards Inc. Her responsibilities include the planning and execution of marketing strategy for Christmas ornaments and decorative gifts for both Hallmark and Ambassador brands. Also, she was accepted at Rockhurst College in Kansas City as a candidate for the MBA degree program.

**Richard C. Hankins** (B.F.A. dramatic art 1973) has been appointed art director for the NBC daytime drama *Texas*.

**Dennis P. Hood** (B.F.A. drama education 1973) was director of George Bernard Shaw's comedy, *Candida*, which appeared at The Empty Space, Richmond.

**Roger W. Huffman** (B.S. retailing 1973) has opened his own floor covering store, The Floor Shop of Boone. The North Carolina store carries all types of floor covering, ceiling tile and ceramic tile.

**James E. Kilbourne, Jr.** (dentistry 1973) was named to the Carroll County School Board, Carroll County, Virginia.

**Gregory A. Solomon** (B.S. distributive education 1973) has joined Investors Savings and Loan Association, Richmond, as manager of its new government loans division.

**Robert N. Stitt** (medicine 1973) is in private practice in Ob/Gyn with a subspecialty in Gyn Oncology. His practice is in Reno, Nevada.

## '74

**Richard A. Cuffia** (B.S. business administration 1974) has been promoted by Peoples Life Insurance Company, South Hill, Virginia, to sales manager.

**David A. Depp** (M.S.W. 1974) is a counselor at the Hanover County Family Counseling Center, where he is responsible for a satellite counseling center which operates at the Bethany Church in Montpelier, Virginia.

**Martin R. Nagel** (dentistry 1974) is in the private practice of dentistry in North Brunswick, New Jersey.

**Kermit G. Payne** (B.F.A. dramatic art and speech 1974) is employed on the administrative staff of Woodruff Medical Center, Emory University Hospital, Atlanta, Georgia, as the central transportation department head.

**Judith L. West** (B.F.A. art education 1974) is an assistant professor in the Department of Art Education and Craft Design at Florida State University, Tallahassee, Florida.

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## '75

**Wendy F. Bone** (medicine 1975) is a university physician at the University Health Services of Massachusetts in Amherst.

**F. Eugene Foster III** (B.S. biology 1975) has joined the insurance department of Callison & Co. Inc., Staunton, Virginia.

**Nancy O. Fulton** (B.M. sacred music 1975) is minister of music and organist at the Glen Allen Baptist Church and works in the credit department of A. H. Robins Company, Richmond.

**George T. Hubbs** (B.S. special education 1975) and his wife, Deborah, work as a team for their business, D&G Production Company, which produces puppet shows. Their production *You and I Together*, which deals with litter and pollution problems, is an award winning puppet production; other productions are *Johnny Appleseed* and *Fireman Tom*.

**Robert E. Keeton** (medicine 1975) is finishing a three-year tour in Germany. Major Keeton will be stationed at Eglin A.F.B., Florida, this summer and will teach in the Family Practice Residency Program.

**Linwood P. Norman, Jr.** (B.S. mass communications 1975) of the *Progress-Index*, Petersburg, Virginia, received a first place award from the Virginia Press Association for his in-depth investigation and reporting of a series of articles on the Prince George Drug Fund, an unaudited account consisting of plea monies paid by convicted drug offenders.

**Sandra I. Read** (medicine 1975) is an assistant chief, Division of Dermatology, Walter Reed Army Medical Center. She is also practicing legal-medicine in Virginia and the D.C. area. She and her husband, **Hugh F. Hill III** (medicine 1975), have a second child, Jennifer Elizabeth, who joins two year old Hugh F. IV.

**Richard E. N. Sedwick** (medicine 1975) is presently chief of the Ob-Gyn department at Bassett Army Hospital in Fairbanks, Alaska. He and his wife, Nancy, plan to move back to Virginia in July of this year, where he plans to open a private practice of Ob-Gyn.

**King David Webb** (B.F.A. communication arts and design 1975), artist-in-residence for Roanoke City schools, had his paintings exhibited at the First National Exchange Building in Richmond.

## '76

**Ira M. Agricola** (B.S. recreation 1976) has joined the staff of the Portsmouth Chamber of Commerce as manager of chamber and business affairs. He will be responsible for activities including military affairs, crime prevention, small business services, sports and recreation, business statistics, the annual meeting, and the Seafood Festival.

**Janine C. Braun** (B.S. special education 1976) received a master's degree in elementary education with an emphasis on learning disabilities. She is teaching emotionally handicapped junior and senior high school students in a resource room setting near her home in Sherburne, New York.

**Louise H. Carlton** (M.Ed. administration and supervision 1976) has been named assistant principal of New Kent High School, New Kent County, Virginia.

**Charles E. Conklin, Jr.** (dentistry 1976) heads the dental care program at Roanoke Memorial Hospitals. The program provides treatment to hospital patients and to mentally and physically handicapped persons who might have difficulties being treated in a regular dentist's office. According to Conklin, "Hospital dentistry is one of the fastest growing fields of medicine and in another ten years will be commonplace."

**Kay Smith Cormier** (B.A. philosophy 1976) obtained a master's in librarianship from the University of Denver in 1978. Since 1979, she has been a reference librarian at Auraria Library, University of Colorado at Denver.

**Ann Maddux Kemppinen** (B.S. business administration and management 1976, M.B.A. 1978) has been elected president of the St. Louis Chapter of the Society for Advancement of Management.

**Gloria T. Koster** (B.F.A. fashion design 1976) is an illustrator for Hofheimer's Shoes in Norfolk and a member of the Fashion Advisory Board for Norfolk Vocational Technical School. She is also the resident costume coordinator for the Norfolk Little Theatre and has given lectures on commercial art and fashion classes at Tidewater Community College and Norfolk Vocational Technical School.

**Susan Stainback Martin** (B.S. nursing 1976, MS nursing 1980) is a clinical nurse specialist of obstetrics at Norfolk General Hospital.

**Diane L. McCauley** (B.F.A. crafts 1976) is employed at the Ernst Home Center in Salt Lake City as the paint department manager. She is participating in local art shows and is exhibiting her works at the Kimball Art Center in Park City, Utah.

**Elizabeth L. Mechling** (B.F.A. painting and printmaking 1976) is a traveling artist with the Virginia Museum. She offers workshops on the use of watercolor as an alternative painting medium.

**Mary H. Peacock** (B.F.A. art education 1976) is the editorial assistant/sec-

retary for the publication office at the National Endowment for the Arts, Washington, D.C. She works with art production and the *Cultural Post* magazine.

**Dennis J. Phillips** (M.H.A. 1976) has been promoted to executive director of the Greater Orange Park Community Hospital, Orange Park, Florida.

## '77

**Jean E. Brown** (B.S. office administration 1977) was named 1981 Secretary of the Year by the Old Dominion Chapter of the National Secretaries Association. She is secretary to Dr. R. William Dent in A. H. Robin's Office of Medical Research, Richmond.

**Joseph A. Gwiazdowski** (dentistry 1977) has started a private dental practice in Maryland. He was formerly with the U.S. Air Force and just recently returned from a three-year tour of duty in the Panama Canal Zone.

**Pauline G. Lazaron** (B.F.A. art education 1977) is an artist-in-residence for the Virginia Museum. Lazaron conducts workshops with the touring Artmobile. Her latest show was called "Secrets," and it focused on how art communicates.

**T. Ray Perrine** (medicine 1977) has completed his residency in family practice and is assistant director of the Kanawha Valley Family Practice Center and assistant professor of family practice at the West Virginia University School of Medicine.

**James E. Smith II** (M.S.W. 1977), a captain in the U.S. Army, has been appointed assistant chief of the Social Work Division, U.S. Army Retraining Brigade, Ft. Riley, Kansas. The retraining center is a minimum security correctional facility which works to return military offenders to duty as motivated and competent soldiers who are able to perform their assignments or separates those who do not meet accepted military performance standards.

**John M. Turner** (M.B.A. 1977) was promoted to vice-president of trusts by United Virginia Bank, Richmond. He will be responsible for the municipal trusteeship function which handles all corporate agency accounts.

**Harriet S. Zonderman** (M.S.W. 1977) is a clinical social worker at the Hanover County Family Counseling Center.

## '78

**William G. Bradshaw, Jr.** (M.P.A. community services 1978) has been promoted to assistant director for finance and administration at the Virginia Museum.

**Richard D. Brown** (M.S. rehabilitation counseling 1978) is director of Hanover Adult Services Center, Hanover County, Virginia.

**Joseph P. Browning** (B.S. mass communications 1978) has been named sports information director at Shepherd College, Shepherdstown, West Virginia.

**Ellen Bynum** (M.Ed. adult education 1978) was the producer for a film, "Thinking Twice," for Skye Pictures, a non-profit production company located in Washington, D.C. The production starred a VCU professor, Dr. Warren Strandberg, professor of education, and his family. It deals with an American family coming to grips with the arms race and nuclear war and is scheduled to be shown on public television this fall.

**Marcel O. Charpentier** (M.S.W. 1978) has obtained professional certification through the Academy of Certified Social Workers. Charpentier has assumed the position of director of social service at the Memorial Hospital, Pawtucket, Rhode Island. In addition, he is a part-time faculty member within the undergraduate social welfare program at the Rhode Island College School of Social Work.

**Carl H. Collier** (M.S. rehabilitation counseling 1978) is the substance abuse counselor at the Hanover County Family Counseling Center.

**Gregory L. Duncan** (M.S. clinical psychology 1978, Ph.D. clinical psychology 1980) is chief of psychology at Pitt Memorial Hospital, Greenville, North Carolina. This March he presented a paper at the Southeastern Psychological Association annual meeting on the results of research he did while a graduate student at VCU.

**Kimberlee Maphis Early** (B.S. psychology 1978) is an assistant in development and recruitment for the Divinity School, Vanderbilt University.

**Melissa A. Gaulding** (B.F.A. art education 1978) received a master's degree in museum education from George Washington University in Washington, D.C. She interned at the National Zoo, where she designed graphics and brochures on the renovations taking place on several major exhibits areas, and she also worked as a museum resource liaison between a Maryland high school and the Smithsonian Institution, where she designed museum activities for high school classes in art, ecology, social studies and special education.

**Frank M. Goodman, Jr.** (B.S. administration of justice and public safety 1978) has become the police chief of Crewe, Virginia.

**Joseph E. Hackley, Jr.** (B.F.A. communication arts and design 1978) has been free-lancing in Washington, D.C. since graduation, but recently accepted a position as art director of The Grantsmanship Center in Los Angeles, California.

**Michael A. King** (M.H.A. 1978) was recently promoted to administrator at Braxton County Memorial Hospital, which is managed by the Charleston Area Medical Center, Charleston, West Virginia.

**Lynn A. Kramer** (B.S. medical technology 1978) is working for Fisher Scientific, Orangeburg, New Jersey, as a chemist in quality control.

**Frederick E. Martin III** (medicine 1978) is an associate with Costenbater, Smith and Martin in Norfolk, Virginia.

**J. Stuart Morgan** (medicine 1978) will serve as chief resident, Department of Internal Medicine, Good Samaritan Hospital and Medical Center, Portland, Oregon, for 1981-82.

**Deborah Derieux Sauer** (M.S. medical technology 1978) is the chief laboratory technologist at the John Randolph Hospital in Hopewell, Virginia.

**Mark F. Suter** (B.S. business administration and management 1978) has been named manager of Packaging Services for Philip Morris U.S.A., Richmond.

**Henry C. Swartz** (M.F.A. theatre 1978) represented VCU at the inauguration of President Frank Everson Vandiver at North Texas State University, Denton, Texas.

**Jo P. Wilkerson** (cert. accounting 1978) has been promoted to vice-president of Wheat, First Securities, Inc., Richmond, Virginia.

## '79

**John F. Alspaugh, Jr.** (B.S. English 1979) has published a book of poetry, *Everything Dark is a Doorway*. He explains his interest in poetry "goes back a long time." He has a philosophical need to write poems, which he considers the most economical use of the English language.

**Donna Wigginton Crothers** (B.S. mass communications 1979) won third place for feature writing in the Virginia Press Association recognition program.

**Kevin H. Ferguson** (M.S. sociology 1979) received a master's in criminology. He is teaching sociology and criminology at both the University of Pennsylvania and St. Joseph's University in Philadelphia, and he is working on his doctorate in sociology/criminology.

**Wanda U. Greenwood** (B.F.A. crafts 1979) exhibited her stained glass at the Home Show '81 at the State Fairgrounds in Richmond. She operates her own business, Greenwood Stained Glass, in Richmond and provides custom stained glass for homes, businesses and churches.

**Katy A. Kelly** (B.F.A. painting and printmaking 1979) is free-lancing for the *Washington Post*, the *Washington*

*Star, Country Magazine,* and the *Washington Post Magazine.* She and **Steven S. Bottorff** (B.F.A. communication arts and design 1979) are designing and illustrating seasonal brochures and other printed materials for the Friends of the National Zoo, Washington, D.C. Bottorff is employed at WTTG Metromedia, Washington, D.C., as the news graphic artist.

**Lawrence M. Schonberger** (B.S. mass communications and history 1979) has been hired as a full-time sports writer and photographer for *The Times,* Springfield, Virginia.

**Marie H. West** (B.F.A. fashion design 1979) began her own junior sportswear company, Attitudes in Dressing, in Rego Park, New York.

## '80

**Cheryl J. Greene** (B.S. biology and pre-med 1980) is a drilling fluids engineer with a leading petroleum services company, N.L. Baroid Industries Inc., Richmond. She is certified as a well driller and will soon be certified as a mud engineer.

**Stephen R. Hunley** (B.S. urban studies 1980) is working on a master's degree in public administration at the University of Alabama, where he is employed as a teaching assistant.

**Bruce W. Judkins,** (M.B.A. 1980), instructor of business management at Southwest Virginia Community College, Richlands, Virginia, has written a textbook entitled *Study Guide for Operational Mathematics for Business.*

**Bassam A. Kawwass** (M.H.A. 1980) is director of the Hariri Medical Center, Sidon, Lebanon. He is responsible for the planning and organizing phase of the not-for-profit, 300 bed community hospital which will be completed in October 1981.

**Duane R. Shields** (M.B.A. 1980) is affiliated with Electronic Data Systems Corporation in Charleston, South Carolina.

**Robert C. Smedley** (M.S.W. 1980) has been employed as a clinical social worker at the Southern Virginia Mental Health Institute in Danville.

**Sharon E. Weathers** (B.A. English 1980) works with the Health Careers Program of the Virginia Council on Health and Medical Care and travels throughout the state providing information on health career opportunities.

## '81

**Garland N. Creighton** (M.S. business 1981) has become the director of budget and allocations for the United Way of Greater Richmond.

**Vickie L. Hayden** (B.S. business administration and management 1981) was awarded the John A. Levering Scholarship to continue her studies at VCU. She will be majoring in real estate and urban land development. The scholarship is sponsored by C. Porter Vaughan Inc.

**Bonnie G. Mani** (M.P.A. 1981) was selected as one of the Outstanding Young Women of America for 1980.

**E. Rae Phaup** (B.S. office administration 1981) has accepted a position with the Institute of Statistics at VCU.

# U.S.A. Here We Come

Spend your summer vacation with VCU alumni and friends and take advantage of a varied travel program. Enjoy the lush beauty of the tropics, the history of the Old West, the splendor and invigoration of nature, the entertainment and excitement of a casino, and the eclectic style of the California coast.

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